13	B.S. Aquino Drive Bacolod City,
DR. PABLO O. TORRE	Negros Occidenta
MEMORIAL HOSPITAL	6100

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Effective Date:	08-30-2022
Document Type:	Policy
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Document Title:	SCOPE OF SERVICE

# **PURPOSE:**

- 1. To provide information on the services being offered by the Physical Medicine and Fitness Center (PMFC).
- 2. To identify common procedures offered by PMFC.

# LEVEL:

Rehabilitation Medicine Specialist, Physical Therapists, PT Supervisor, PMFC Clerk, Occupational Therapists

# SCOPE OF SERVICE:

The Physical Medicine and Fitness Center of Dr. Pablo O. Torre Memorial Hospital provides rehabilitation services for both inpatients and outpatients experiencing pain and/or functional impairments caused by injury or illness. PMFC has programs and services to meet the rehabilitative needs of patients at any age.

PMFC provides services that address pain or physical impairments caused by injury/illness/other including weakness, instability, decreased range of motion, and decreased endurance. The department also provides services to address impairments caused by neurological injuries or neurogenic diseases resulting in hemiplegia, spasticity, contractures, ataxia, etc. Additionally, PMFC provides the resources to address cognitive, communicative, behavioral, balance & vestibular, sensory and other physical impairments.

The following are the services offered by the department:

- 1. Pain Management (Medical and Non-Medical)
- 2. Neuromusculoskeletal Rehabilitation for stroke, spinal cord injury, myopathies, neuropathies, motor neuron diseases, fracture and joint replacement
- 3. Pediatric Rehabilitation
- 4. Orthotic and Prosthetic Prescription

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- 5. Sports Rehabilitation and Conditioning
- 6. Cardiac Rehabilitation
- 7. Pulmonary Rehabilitation
- 8. Vestibular Rehabilitation
- 9. Burn Rehabilitation

The PMFC aims to provide the best technological evidence-based treatment and care. The unit is staffed with board-certified Physical Therapists and doctors. All are competent in setting up and operating medical devices such as:

- 1. High-Intensity Laser Therapy (HILT)
- 2. Targeted radio-frequency Therapy (TRT)
- 3. Shockwave Machine
- 4. Cryotherapy
- 5. Electrical Muscular Stimulator
- 6. Therapeutic Ultrasound
- 7. Infrared Radiation (IRR)
- 8. Intermittent Cervical/ Lumbar Traction
- 9. Hydrotherapy
- 10. Myomed 134
- 11. Treadmill
- 12. Elliptical Crosstrainer
- 13. Paraffin Wax
- 14. Hydrocollator Unit
- 15. Tilt Table Machine
- 16. Low-Intensity Laser Therapy

The unit operates from 8:00 A.M.- 7:00 P.M. daily, 7 days a week to both inpatients and outpatients.

#### Location:

The unit is located in the basement of the Main Hospital Building.



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# Staffing and Direction:

The PMFC provides manpower coverage to the unit 11 hours a day including weekends and holidays. Every staff works 8 hours per shift with days off.

# **In-Services/ Continuing Education Programs:**

Committed to a competency-based orientation and education program, the staff of the unit is to undergo training and pass the set of competencies before deployment. Competency is determined through written examination, evidenced-based practice, clinical performance, and documentation review by Educator/Preceptor and the PMFC Supervisor.

Staff meetings and bulletin boards are also utilized to update and assist staff clinically. Clinical and educational needs are also identified and supported through the performance improvement plan.



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