

| Document Title:     | CLEANING, DISINFECTION AND DRYING OF SURGICAL INSTRUMENTS AND EQUIPMENT |  |
|---------------------|---|--|
| Department/Section: | Sterilization and Reprocessing Unit                                     |  |
| Page Number:        | 1 of 3  |  |
| Document Type:      | Standard Operating Procedure  |  |
| Effective Date:     | 07-15-2022  |  |
| Document Code:      | DPOTMH-I-20-P04-S02   |  |

### **PURPOSE:**

- 1. To remove all visible debris from instruments.
- 2. To kill or reduce number of particulates.
- 3. To maintain the integrity of the surgical instruments.
- 4. To ensure safety of the patients and protect staff from infectious risk.

### SCOPE:

Applies to all Sterilization and Reprocessing Unit staff of Dr. Pablo O. Torre Memorial Hospital.

## PERSON RESPONSIBLE:

SRU Technician

#### **GENERAL GUIDELINES:**

- 1. A three (3) section sink is designated for instrument cleaning with a drying surface.
- 2. The sink is not intended for hand washing.
- 3. Cleaning agent shall be measured as recommended by the manufacturer.
- 4. Cleaning agent should be non-foaming and non-abrasive.
- 5. Instruments shall be scrubbed underwater using a soft-bristled brush.
- 6. Hinges, crevices and tips are given special attention when cleaning.
- All instruments shall be inspected individually after cleaning to check if there are any residues.



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#### PROCEDURE:

- 1. Transfer collected instruments from the trolley to the work surface.
- 2. Segregate the instruments according to size.
- Disassemble multi-part instruments.
- 4. Place the instruments in the first section of the sink.
- 5. Soak the instruments in an enzymatic solution for about 10-20 minutes.
- 6. Clean instruments underwater using a soft-bristled brush.
- 7. Transfer cleaned instrument in the second section of the sink for pre-rinse.
- 8. Perform final rinsing in the third section of the sink.
- 9. Dry instruments one by one using non-woven cloth/ linen to absorb moisture.
- 10. An air gun may be used to properly dry instruments especially hinges, crevices, grooves and tips.
- 11. Once all instruments are completely dried, transport to the next area via pass box for packaging.
- 12. Document the procedure done in the logbook.

#### **REFERENCE:**

- The Sterile Supply Departments Quick Guide Manual. (n.d.). Infection Control
  Directorate Ministry of Health-Kuwait. Retrieved May 29, 2022, from
  <a href="http://www.icdkwt.com/pdf/policiesandguidelines/decontamination/guidelines-english.pdf">http://www.icdkwt.com/pdf/policiesandguidelines/decontamination/guidelines-english.pdf</a>
- 2. World Health Organization. (2016). *Decontamination and Reprocessing of Medical Devices for Health-care Facilities*. Retrieved May 29, 2022, from <a href="https://apps.who.int/iris/bitstream/handle/10665/250232/9789241549851-eng.pdf">https://apps.who.int/iris/bitstream/handle/10665/250232/9789241549851-eng.pdf</a>
- AST Education and Professional Standards Committee. (2009, April 16). Standards
  of Practice for the Decontamination of Surgical Instruments. AST. Retrieved March 30,
  2022, from
  - https://www.ast.org/uploadedFiles/Main Site/Content/About Us/Standard Decontemination %20Surgical Instruments .pdf



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| KEY TASKS  | PERSON RESPONSIBLE |
|--|--------------------|
| Transfers collected instruments from the trolley to the work surface                         |                    |
| 2. Segregates the instruments according to size  |                    |
| 3. Disassembles multi-part instruments   |                    |
| 4. Places the instruments in the first section of the sink                                   |                    |
| 5. Soaks the instruments in an enzymatic solution for about 10-20 minutes                    |                    |
| 6. Cleans instruments underwater using a soft-<br>bristled brush                             | SRU Technician     |
| 7. Transfers cleaned instrument in the second section of the sink for pre-rinse              |                    |
| 8. Performs final rinsing in the third section of the sink                                   |                    |
| 9. Dries instruments one by one using non-woven cloth/ linen to absorb moisture              |                    |
| 10. Uses an air gun to properly dry instrument especially hinges, crevices, grooves and tips | ts                 |
| 11. Documents the procedure done in the logbook  |                    |



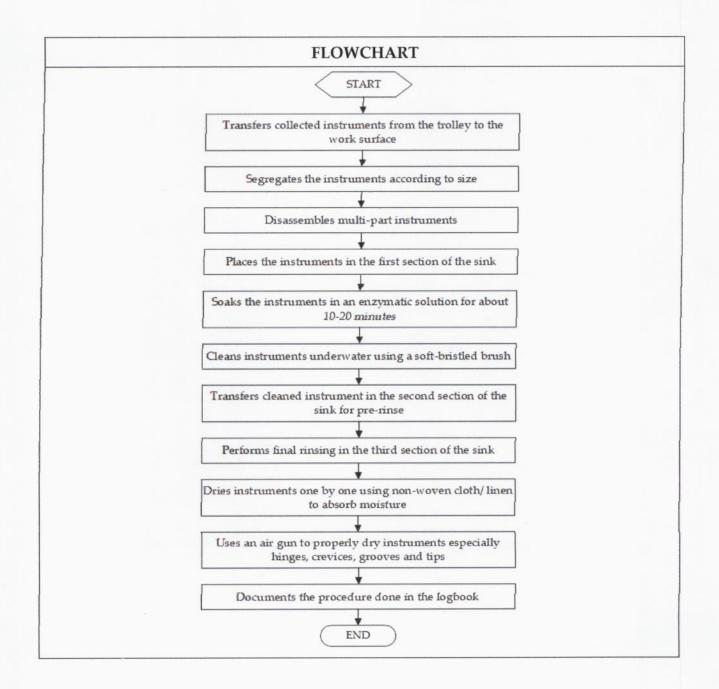
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| X 7 . (* 1   | RICHARD S. MONTILIJAO, RN                      | COB:       | 7/7/77    |
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