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PURPOSE:

To safely carry out sterile procedures.

OBJECTIVE:


To be able to carry out sterile procedures according to quality standards.

RESPONSIBLE PERSON:

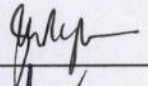

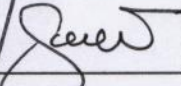
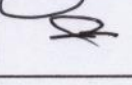
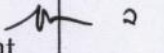
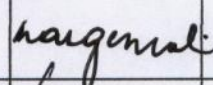
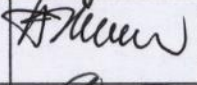
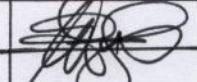
Attending Physician, Resident on duty, Intern, RN, RM, Student with the supervision of the Clinical Instructor


GENERAL GUIDELINES:

1. All health care team members should perform surgical hand scrub, sterile gowning and closed gloving technique before performing sterile procedure such as Normal Spontaneous Vaginal Delivery, Cesarean Section and Dilatation and curettage in the Operating Room or the Delivery Room
2. Before entering the restricted areas of the Delivery Room, all health care personnel should wear scrub clothes, surgical cap and surgical mask. Additional protective eye wear and other protective barriers should be worn in a case to case basis.
3. Principles of Sterility should be observed at all times.

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APPROVAL:

	Name/Title	Signature	Date
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	DENNIS C. ESCALONA, RN, MN, FPSQua Quality Assurance Supervisor		10-20-2020
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	MA. ANTONIA S. GENSOLI, MD, FPPS Medical Director		10-22-2020
	HENRY F. ALAVAREN, MD, FPSMID Total Quality Division Officer		10/26/2020
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		12/28/2020

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EQUIPMENT NEEDED:

1. Surgical Cap
2. Surgical Face Mask
3. Sterile Gloves (proper size)
4. Sterile gown
5. Mayo stand or Flat surface area above waist level

PROCEDURE:

Sterile Gowning Technique

1. Health care team member performs thorough surgical hand scrubbing then enters the OR or DR keeping the elbows bent and hands above the waist.
2. The health care team member picks up the sterile gown (folded inside out) from the sterile package after wiping the hand with a sterile towel, grasping the inside surface of gown at the collar.
3. The health care team member lifts the folded gown directly upward and away from the sterile field.
4. Holding the folded gown, the health care team locates the armhole. The upper part of the gown just below the neckline is grasped letting the lower part of the gown to drop. The shoulder part is grasped then both arms are slid into the armhole simultaneously allowing the gown to open, keeping the arms a length away from the body so that only the inside of the gown touches the body. Outside of the gown should not be touched and the gown should not reach the floor.
5. Hands should be still be covered by the sleeves.
6. Circulating nurse or attendant pulls the ties at the neck area of the gown up to the shoulders, leaving the sleeves to cover the hand then ties the gown at the back of the neck and waist. In case of a wrap around gown, the sterile flap is not touched until sterile gloves are donned.

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Closed Gloving Technique

1. With hands covered by the gown cuffs and sleeves, the member of the health care team opens the inner sterile glove package that was dropped on the sterile field
2. Health care team member grasps the folded cuff of the glove with sleeve covered non dominant hand
3. Health care team member extends dominant forearm forward with palm up still covered with sleeves of the gown, and places the palm of gloves against palm of dominant hand with glove fingers of the gloves is pointing towards the elbow.
4. The health care team member grasps cuff edges with thumb and forefingers of dominant hand then grasps the back of the glove cuff with non dominant hand, then extends fingers into the glove and pulls glove over the cuff of the gown then pulls the sleeves of the gown until the fingers are properly secured into the gloves.
5. The health care team gloves the non dominant hand in the same manner with the gloved, dominant hand.
6. With gloved hands, the health care team member unties the tie in front of the sterile gown handing the tip to the circulating nurse and letting the circulating nurse or the attendant tie it at the back of the waist.

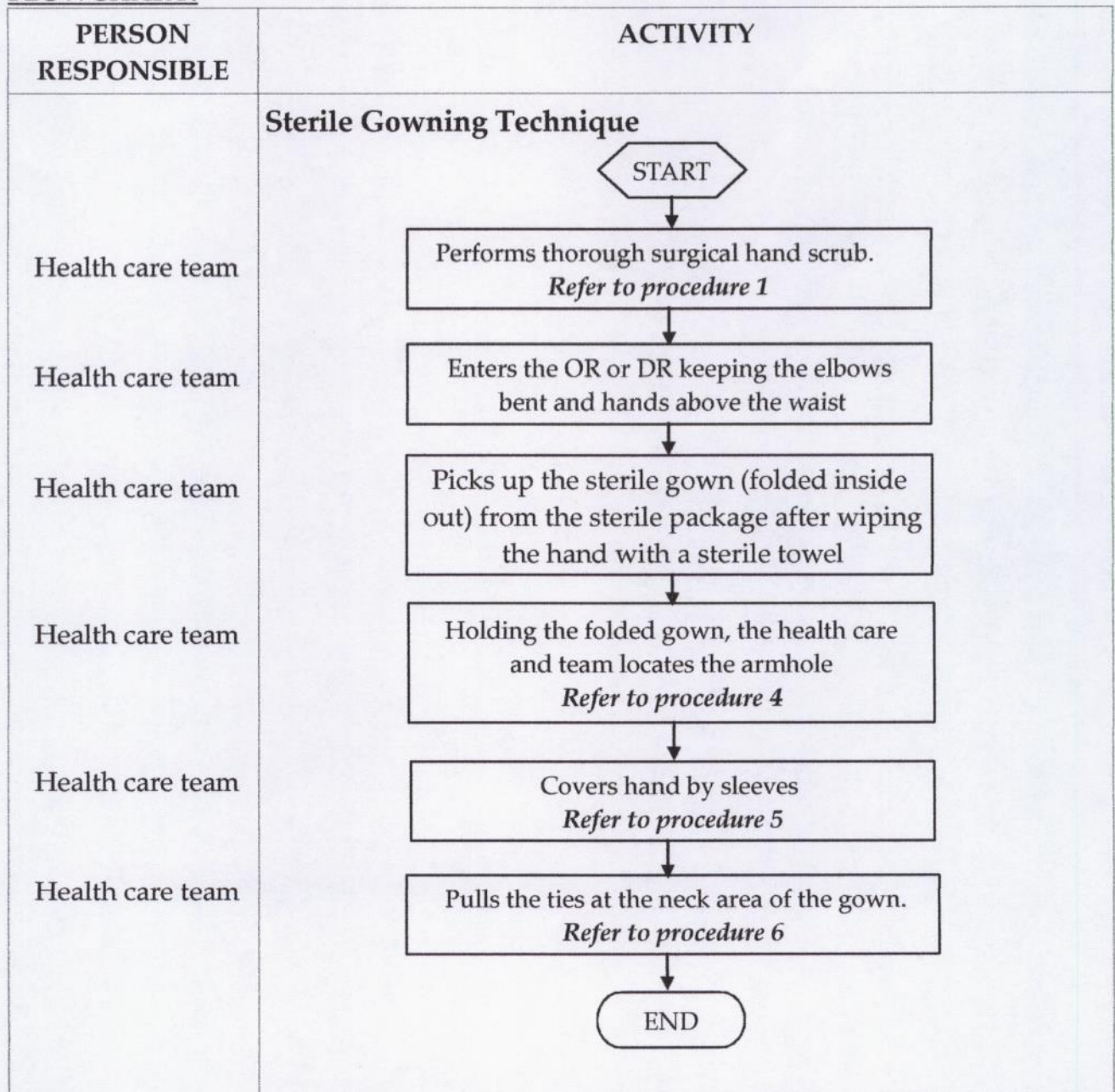


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FLOWCHART:





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