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Effective Date:	07-31-2022	
Document Type:	Policy	
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Department/Section:	Intensive Care Unit	
Document Title: VISITING POLICY IN ICU		

PURPOSE:

To ensure a well organized visit of patient's family, friends and religious groups and the attending physicians.

LEVEL:

Applies to all Intensive Care Unit Staff of Dr. Pablo O. Torre Memorial Hospital

DEFINITION OF TERMS:

- 1. **Visiting Policy** This refers to the specific time allowable for patient's significant others, religious groups and attending physicians to see the client. This includes the number of persons allowed, visitor's age and health, bringing of restricted items and other special considerations related thereto.
- 2. Watcher He/She is the person allowed to stay at bedside at any given time. Identification card is worn at all times.
- 3. **Visitor** He/She is the person allowed to see the patient during the visiting time allowed by the institution and the Intensive Care Unit.

POLICY:

- 1 Visiting Time. Visiting time shall be as follows:
 - 1.1 Physician any time
 - 1.2 Significant others 10:00 am 12:00 pm and 5:00 pm to 7:00 pm
 - 1.3 Religious Groups 10:00 am 12:00 pm and 5:00 pm to 7:00 pm
- 2 **Age of visitors.** Children below 12 years old are not allowed. However, if there is a request from the patient, they may only be allowed provided:
 - 2.1 The patient or watcher should properly coordinate with the nurse on duty or head nurse and the guard on duty.
 - 2.2 An informed consent from the guard on duty should be signed by the parent(s) or guardian of the child before proceeding to the Intensive Care Unit.
 - 2.3 The Child should be oriented by the family and must be supervised by a responsible adult at all times.



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3 **Visitors' health.** Any visitor exposed to, suspected of or having a communicable disease (tuberculosis, measles, mumps, rubella, pertussis, flu or a cold, cough) shall not be allowed to visit patients.

4 Number of visitors.

- 4.1 Only one (1) visitor is allowed to enter the patient's room at a maximum of 15 minutes stay, to respect the comfort of the patient.
- 4.2 The family may discuss any unusual visiting circumstances with the patient's nurse, so that the health care team might accommodate any special arrangement based on the patient's specific situation, e.g visiting concerns with a dying patient.

5 General Information.

- 5.1 ICU staff and personnel may ask the visitors to leave for a short period while care is delivered or during some medical procedures.
- 5.2 Visitors and watchers shall wear appropriate attire as prescribed by the unit. Disposable gowns, masks, and slippers are provided with corresponding charges.
- 5.3 Visitors shall respect the privacy of others, stay quiet, and remain in the room they are visiting or in the waiting room.
- 5.4 Visitors and watchers are requested to refrain from making noise.
- 5.5 Visitors shall not sit or lie on patient beds to prevent cross-infection.
- 5.6 Visitors shall wear IDs at all times. IDs are available at Security Guard in the entrance door.
- 5.7 Vandalism and postings on the wall in any form is strictly prohibited.
- 6 **Smoking/Drinking Alcoholic Beverages.** Smoking and drinking alcoholic beverages are strictly prohibited in all areas of the hospital.



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7 Use of Cellular Phones.

- 7.1 The use of cellular phones is strictly prohibited where critical medical equipment is in operation and within six feet from any electronic patient care equipment.
- 7.2 If it is necessary to use the cellular phone and provided the person is away from a critical medical equipment as specified above, he/she should speak in a low voice so as not to disturb others.

8 Restricted items. The following items are not allowed in the ICU:

- 8.1 Flowers
- 8.2 Firearms
- 8.3 Latex balloons
- 8.4 Stuffed toys
- 8.5 Sleeping paraphernalia
- 8.6 Food (outside food)

9 Special Considerations:

- 9.1 A religious group shall be allowed to pray over, provided that the patient's status is stable and there is no on-going procedure at the bedside with a maximum of 3 persons at a time. The guard should coordinate with the head nurse and the nurse on duty.
- 9.2 During emergency situations and bed side procedures, watchers and visitors shall not be allowed to stay at bedside.
- 9.3 In the event that an inevitable death or a near death situation happens only the immediate family shall be allowed to stay at bedside.

DOCUMENTATION:

Revised Policy



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DOCUMENTATION:

Revised Policy

DISSEMINATION:

- 1. ICU Manual
- 2. Hospital Communicator
- 3. Orientation and Unit Meeting



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