

Document Code: DPOTMH-I-P05-S06	
Effective Date:	05-31-2022
Document Type: Standard Operating Procedure	
Page Number: 1 of 3	
Department/Section:	Nursing Service Division
Document Title:	ASSISTING IN NASOGASTRIC TUBE INSERTION

#### **PURPOSE:**

To assist medical doctors/ medical interns in nasogastric tube insertion (NGT).

#### SCOPE:

Applies to all Nursing Service Division staff, Medical Doctors, Post Graduate Intern of Riverside Medical Center, Inc.

#### PERSON RESPONSIBLE:

Registered Nurse, Nursing Attendants, Medical Doctors

### **GENERAL GUIDELINES:**

- 1. Insertion of naso-gastric tube and small bore feeding tube shall be ordered by an attending physician.
- 2. Only medical doctors (Residents, Post Graduate Intern and Consultants) shall perform NGT insertion.
- 3. Radiological verification of tube position after insertion shall be optional.
- 4. Nurses and/or Nursing Attendants shall assist Medical Resident/ Interns in NGT insertion.

#### **PROCEDURE:**

- 1. Nurse on duty checks, verifies and carries out physician's order for NGT insertion.
- 2. Resident/ Consultant or PGI on duty secures signed consent.
- 3. Nurse/ Nursing Attendant on duty prepares the materials needed for insertion.
- Nurse on duty informs the Resident/ Consultant or PGI on duty the availability of materials.
- 5. Nurse on duty/ Nursing Attendant, Resident/ Consultant/ Interns on duty identifies patient correctly using two(2) patient's identifier.



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- 6. Resident/ Consultant/ Interns on duty explains the procedure to the patient/ patient's watcher.
- Nurse/ Nursing Attendant/ Resident/ Consultant/ Interns on duty performs hand hygiene prior to the procedure.
- 8. Nurse/ Nursing Attendant on duty positions the patient in High Fowler's position.
- 9. Nurse/ Nursing Attendant on duty assists Medical Doctors/ Medical Interns in NGT insertion.
  - 9.1. Nurse/ Nursing Attendant dons gloves.
  - 9.2. Nurse/ Nursing Attendant offers gloves to the Resident/Intern.
  - 9.3. Nurse/ Nursing Attendant opens sealed cover of nasogastric tube and offer it to the doctor.
  - 9.4. Nurse/ Nursing Attendant lubricates the tip of the tube (at least 1 or 2 inches) with a lubricating jelly.
  - 9.5. Nurse/ Nursing Attendant/ Doctors instruct patient to swallow if able.
  - 9.6. Nurse/ Nursing Attendant assists in checking the patency of the tube.
  - 9.7. Nurse/ Nursing Attendant secures the tube to the patient's nose. Place a vertical strip down the bridge of the nose. Cuts the lower end of the tape into two tails and wraps them around the tube.
- 10. Nurse/ Nursing Attendant discards waste according to Hospital Waste Management.
- 11. Nurse/ Nursing Attendant/ Resident/ Consultant/ Interns on duty performs hand hygiene after the procedure.
- 12. Nurse on duty documents the procedure in the Nurse's Remarks of the patient's chart.



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KEY TASKS	PERSON RESPONSIBLE
<ol> <li>Checks, verifies and carries out physician's order for nasogastric tube insertion</li> <li>Prepares the materials needed for insertion</li> <li>Informs the Resident/Consultant or PGI on duty on the availability of materials</li> <li>Identifies patient correctly using two(2) patient identifier</li> <li>Performs hand hygiene prior to the procedure</li> <li>Positions the patient in high Fowler's position</li> <li>Assists medical doctor/medical intern in nasogastric tube insertion</li> <li>Documents the procedure in the Nurse's Remarks</li> </ol>	Staff Nurse
<ol> <li>Prepares the materials needed for the procedure</li> <li>Performs hand hygiene before and after the procedure</li> <li>Identifies patient correctly using two(2) patient's identifier</li> <li>Positions the patient in High Fowler's position</li> <li>Assists medical doctor/medical intern in nasogastric tube insertion</li> </ol>	Nursing Attendant
<ol> <li>Secures signed consent for the procedure</li> <li>Identifies patient correctly using two (2) patient identifiers</li> <li>Explains the procedure to the patient/ patient's watcher.</li> <li>Performs hand hygiene prior before and after the procedures</li> </ol>	Resident/ Consultant/ Interns on duty



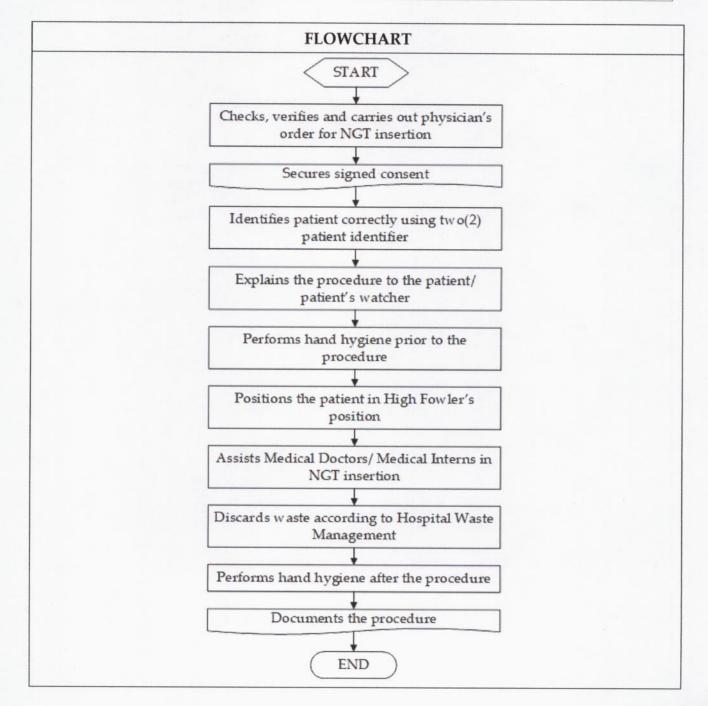
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