

Document Code:	DPOTMH-I-P12-S02
Effective Date:	05-31-2022
Document Type:	Standard Operating Procedure
Page Number:	1 of 4
Department/Section:	Nursing Service Department
Document Title:	REQUESTING OF DIET

PURPOSE:

To establish a process in requesting the prescribed diet or food regimen of the patient.

SCOPE:

Applies to all Nursing Service Division (Department/Section/Unit) Staff of Dr. Pablo O. Torre Memorial Hospital

PERSON RESPONSIBLE:

Registered Nurses, Ward Clerk, Nursing Attendant, Medical Doctors

GENERAL GUIDELINES:

- The hospital has a process for requesting and preparing of patient's diet as well as food distribution as appropriate to the care, treatment and services provided.
- 2. Cut-off time for Dietary in printing their lists:

Breakfast - 4:30am

Lunch - 8:30 am

Supper - 3:00pm

3. Cut – off time for Dietary in serving meals:

Breakfast - 8:00 a.m.

Lunch – 1:00 p.m.

Supper - 7:00 p.m.

4. Schedule of distribution and collection of food trays:

Meal distribution	Collection of trays	
Breakfast	7:00 a.m.	9:00 a.m.
Lunch	11:30 a.m.	1:00 p.m.
Supper	5:00 p.m.	6:30 p.m.

- 5. The policy on Two-Patient identifiers shall be practiced in the request, preparation, and distribution of patient's diet.
- 6. Dietary personnel shall be informed if patient's case is communicable. (Patient's diet will be served using disposable food containers).
- 7. Nurse on duty shall update diet list every new admission and/or change of diet.



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PROCEDURE:

- 1 Nurse on duty checks doctor's order. Identifies patient's chart and/or Kardex correctly.
- 2 Nurse on duty/ Ward clerk encodes patient's diet in the (HIS) Hospital information system.
- 3 Nurse on duty/ Ward clerk calls dietary personnel if there is:
 - 3.1 New admission and/or change of diet after cut-off time.
 - 3.2 Patient's case is communicable. (Diet is served using disposable food containers.)

For Osteorized Feeding:

- 1 Nurse on duty checks doctor's order.
- 2 Identifies patient's chart and/or Kardex correctly.
- 3 Nurse on duty/ Ward clerk encodes patient's diet in the computer or calls dietary personnel after cut-off time
 - 3.1 For prescribed patient, Dietary Staff calls nurse informing him/her of the cost of feeding.
 - 3.2 Nurse on duty prepares transcription note and instructs watcher to settle at
 - 3.3 Nurse on duty calls dietary department and gives the official receipt number and amount.
- 4 Dietary personnel informs the station of the availability of feeding.

For Dietary Instruction:

- 1 Nurse on duty checks doctor's order.
- 2 Nurse on duty informs dietary if patient is for dietary instruction and encodes patient's diet.
 - 2.1 For Non-osteorized Feeding: The dietary personnel goes up to the patient's room between 1:00 PM to 3:00 PM to give instructions.
 - 2.2 For Osteorized Feeding: Nurse on duty encodes the feeding specifications with remark "for dietary instructions".



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3 Patient's representative is requested to go down to the Dietary Department for actual instructions between 8:30 and 9:30AM.



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FLOWCHART: **START** Nurse on duty checks doctor's order. Identifies patient's chart and/or Kardex correctly Nurse on duty/ Ward clerk encodes patient's diet in the (HIS) Hospital information system Nurse on duty/ Ward clerk calls dietary personnel if there is new admission and/or change of diet after cut-off time and if patient's case is communicable. **END**



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	KEY TASKS	PERSON RESPONSIBLE
1.	Checks doctor's order and identifies patient's chart and/or Kardex correctly.	
2.	Encodes patient's diet in the (HIS) Hospital Information System.	Staff Nurse/Ward Clerk
3.	Calls Dietary Personnel if there is new admission and/or change of diet after cut-off time.	
4.	Gets feeding from Dietary Department if patient is okay for all charges (follow dietary schedule).	
1.	Calls the Nurse informing him/her the cost of feeding.	
2.	Informs the Station of the availability of feeding.	Dietary Staff
3.	Goes up to the patient's room between 1:00 PM to 3:00 PM to give dietary instructions.	



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