

Document Code:	DPOTMH-I-34-P01
Effective Date:	11-30-2021
Document Type:	Policy
Page Number:	1 of 5
Department/Section:	Post Anesthesia Care Unit
Document Title:	SCOPE OF SERVICE

### **PURPOSE:**

- To state the services offered by the Post Anesthesia Care Unit of Dr. Pablo O. Torre Memorial Hospital
- 2. To ensure the delivery of quality and safe post-anesthesia nursing care to patients

### LEVEL:

Physicians, Registered Nurse, Post Anesthesia Care Unit Staff

### **DEFINITION OF TERMS:**

**Anesthesia**- is a treatment using drugs called anesthetics. These drugs keep you from feeling pain during medical procedures.

Anesthesia Resident on Duty (AROD)- responsible for management of complex and difficult anesthesia procedures and care of seriously ill patients under supervision and direction of attending.

**Anesthesiologist**- is a doctor who gives a patient medication so they do not feel pain when they are undergoing surgery.

**Post Anesthesia Care Unit (PACU)-** is the section of the hospital where patients are temporarily admitted after any surgical procedures.

**Surgery-** is a medical or dental specialty that uses operative manual and instrumental techniques on a person to investigate or treat a pathological condition such as a disease or injury, to help improve bodily function, appearance, or to repair unwanted ruptured areas.



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## SCOPE OF SERVICE:

The Post Anesthesia Care Unit (PACU) of the Dr. Pablo O. Torre Memorial Hospital (DPOTMH) caters to patients who received large quantity of anesthesia that requires intensive monitoring. The unit is equipped with up-to-date monitors for better post-anesthesia care and is manned with independent, highly skilled and well-trained licensed health care professionals.

The Post Anesthesia Care Unit is further subdivided to 3 sub-units namely:

1. the Main Post-Anesthesia Care Unit handling post-operative patients from the main Surgical Suites (8 bed capacity),

2. the Endoscopy-Post Anesthesia Care Unit, taking care of post-endoscopy patients

who were given anesthesia,

3. and the Catheterization Laboratory- Post Anesthesia Care Unit for patients who will undergo cardiac catheterization and cardiac operations.

PACU Nursing Care focuses on recognizing the significance of signs and anticipating and preventing post-operative difficulties. The PACU also maintains a safe environment for the patients after the surgical procedure, anesthesia reversal and extubation (if necessary).

## Location

The Post Anesthesia Care Unit is located at the 2<sup>nd</sup> floor of the new building.

Staffing

The Post Anesthesia Care Unit provides staff coverage 24 hours a day including weekends and holidays. Each staff works for 8-12 hours per shift with days off. The unit staffs are supported by the Head Nurse or Charge Nurses on every shift. The Head Nurse or Charge Nurse is primarily responsible for the supervision and quality of care delivered by the personnel during their shift. All personnel assigned to the Post Anesthesia Care Unit are well trained to deliver fast and efficient nursing care to patients.



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**In-services/ Continuing Education Programs** 

To uphold the commitment to produce well trained and competent workforce, the unit takes part in the development of its new and existing staffs by ensuring that they have undergone training, orientations and have passed the competency programs set by the department and the Nursing Service Division. In addition, continuing education is provided to facilitate professional development.

**Nursing Care** 

PACU Nursing Care focuses on recognizing the significance of signs and anticipating and preventing post-operative difficulties. The PACU also maintains a safe environment for the patients after the surgical procedure, anesthesia reversal and extubation (if necessary).

The amount of time the patient spends in the PACU depends on the length of surgery, type of surgery, status of regional anesthesia and the patient's level of consciousness.

TYPE OF ANESTHESIA	TIME IN PACU
IV/ ORAL SEDATION	Minimum 30 minutes
TIVA	Minimum 30 minutes
GENERAL	Minimum 1 hour
EPIDURAL	1 hour to 4 hours maximum
SPINAL	1 hour to 4 hours maximum

After the surgical procedure the circulating nurse endorses the following to the receiving PACU nurse:

- Type of surgery performed and any intra-operative complications.
- Type of anesthesia (e.g. general, spinal, epidural, total intravenous anesthesia, peripheral block)
- Presence catheters, drainage tubes, other special device attached to the patient, and type of dressings used



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- Presence of endotracheal tube or type of oxygen delivery administered (e.g. nasal cannula, nasal cone, face mask, non-rebreathing mask.
- 5. Types of cannulations and it's respective locations
- 6. Administration of blood, colloids, fluid and electrolyte balance.
- 7. Drug allergies
- 8. Pre-existing medical condition and if co-managed by internal medicine.
- 9. Special pre-operative orders to be done post-operatively (e.g. RBS, ABG, ECG 12 leads)
- 10. Review of post-op orders.
- 11. RT-PCR result

Post-operative patients must meet the standard written criteria and get a maximum score before being discharged to the next level of care or discharged directly to home.

Criteria	Score
Bromage Score	5-6
New Aldrete Score	8-9
Sedation Score	2

Note: For patient(s) who are not able to meet the criteria, clearance from the attending physician or anesthesiologist should be obtained. Written orders of discharge from PACU should be clearly stated at the physician order sheet.

Discharge instructions shall be instructed by the surgeon or nurse in-charge to the patient and/or the significant others for out-patient. A copy of post-operative instructions should also be provided to the patient and/or significant others. Post-operative order should be endorsed to the next health care provider.



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