 <p>DR. PABLO O. TORRE MEMORIAL HOSPITAL</p>	Document Code:	DPOTMH-I-29-P01-S06
	Effective Date:	10-30-2021
	Document Type:	Standard Operating Procedure
	Page Number:	1 of 3
	Department/Section:	Neonatal Intensive Care Unit
	Document Title:	<b>PHOTOTHERAPY</b>

B.S. Aquino Drive,  
Bacolod City,  
Negros Occidental,  
6100

**PURPOSE:**


To outline the procedure of safe delivery of phototherapy to neonates.

**SCOPE:**

Applies to all Neonatal Intensive Care Unit Staff of Dr. Pablo O. Torre Memorial Hospital

**PERSON RESPONSIBLE:**

Physicians, Nurses, Midwife

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### **PROCEDURE:**


1. The Physician makes orders on the order sheet.
2. The Nurse checks the written order and carries out the order of the physician for phototherapy on the order sheet.
3. The Nurse properly identifies the patient and verifies the procedure.
4. The Nurse explains the procedure to parent / legal guardian of the infant.
5. The Nurse performs hand washing.
6. The Nurse prepares equipment and supplies.
7. The Nurse undresses the newborn leaving only the baby's diaper.
8. The Nurse covers the infant's eyes with eye shield.
9. The Nurse places the newborn on the bassinet, under the billi light with a distance of 35 cm or 13.5 inches between the light unit and the newborn, or as per manufacturer's guidelines (Lullaby Phototherapy System).
10. The Nurse turns the infant regularly or as indicated to maximize exposure of all skin surfaces.
11. The Nurse monitors infant's vital signs and body temperature, and skin color regularly.
12. The Nurse removes the eye shield every 4-6 hours to perform eye care.
13. The Nurse documents duration of phototherapy on chart and notes for any observations.

### **REFERENCES:**





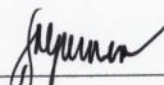
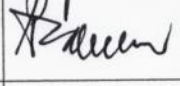
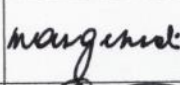

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