 <p>DR. PABLO O. TORRE MEMORIAL HOSPITAL</p>	Document Code:	DPOTMH-I-P02-S07
	Effective Date:	06-30-2022
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	Document Title:	<b>FALL AND INJURY PREVENTION MANAGEMENT</b>

B.S. Aquino Drive,  
Bacolod City,  
Negros Occidental,  
6100

### **PURPOSE:**

1. To prevent and reduce the occurrence of falls and fall related injuries during hospital stay.
2. To identify patients at risk for falls.
3. To provide appropriate strategies and interventions directed to patient, environmental factors and staff which prevents the risk for falls.
4. To provide learning opportunities as basis for continuous quality improvement.
5. To monitor and evaluate patient outcome.
6. To ensures appropriate action taken when a fall incident or injury occurs.

### **SCOPE:**


Applies to all Medical Service Division and In-patients of Riverside Medical Center, Inc.

### **PERSON RESPONSIBLE:**


Staff Nurse, Head Nurse, Nurse Supervisor, Nurse Clinical Manager, Nursing Attendants, Medical Doctors, Nursing Students of Riverside College and Clinical Instructors.

### **GENERAL GUIDELINES:**

- 1 All In-patients of Riverside Medical Center, Inc. shall undergo an initial fall and injury risk evaluation.
- 2 Risk reduction measures shall be instituted based on each patient's risk of falling using Color-Coded Tags.
  - 2.1 Red- High Fall Risk
  - 2.2 Blue- Low/Medium/Moderate Fall Risk
  - 2.3 Yellow-No Fall Risk

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- 3 A fall and injury reassessment shall be conducted whenever;
  - 3.1 Transfer and Transport
  - 3.2 Change in Patient Condition
  - 3.3 Change in Patient Medications
  - 3.4 After a Fall
  
- 4 Documentation shall be done using the following;
  - 4.1 Fall Risk Assessment Tool – Morse Fall Scale (Adult), Humpty Dumpty Scale (Pedia)
  - 4.2 Patient/Family Education Flow Sheet
  
- 5 In the event a fall has occurred ensure appropriate action is taken.
  - 5.1 Thorough physical assessment and proper referral to medical doctors.
  - 5.2 Proper Interventions and Documentation.
  - 5.3 Immediate reporting of the incident to the immediate head during office hours and to the nurse supervisor after office hours.
  - 5.4 Incident Report shall be submitted to the immediate head/nurse supervisor within 24 hours.
  - 5.5 Nurse Clinical Manager shall collect and evaluates fall data on a monthly basis and makes recommendations based on data and trends, as reported.
  
- 6 If the incident or accident involves a student, an investigation shall be conducted with the participation of the school authorities and the recommendation will be coursed through the school.

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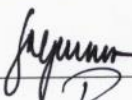

### **PROCEDURE:**


- 1 Nurse in charge assess patient using fall assessment tool
  - 1.1 Morse Fall Scale (Adult)
  - 1.2 Humpty Dumpty Scale (Pedia)
- 2 Implements fall prevention and management measures.
  - 2.1 Patient/Family Education Flow Sheet
  - 2.2 Fall Prevention Interventions
  - 2.3 Attach Color-Coded Tags on the right upper part of the chart
- 3 If there is no recent incident of fall continuously monitor implementation of fall prevention and management.
- 4 If with recent incident of fall;
  - 4.1 Thorough physical assessment.
  - 4.2 Proper referral to medical doctors
  - 4.3 Proper interventions
  - 4.4 Proper Documentation
  - 4.5 Timely reporting of the incident to the immediate head/supervisor
  - 4.6 Submit written incident report within 24 hours
- 5 Nurse Clinical Manager shall collect and evaluates fall data on a monthly basis and makes recommendations based on data and trends, as reported.



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**APPROVAL:**

	Name/Title	Signature	Date
Prepared by:	<b>RICHARD S. MONTILIJAO, RN</b> OIC Policy Development		6/28/22
Verified by:	<b>SHALAINE SOCORO L. DURAN, RN</b> Nurse Manager for Operations		7/8/22
	<b>HANNAH KHAY S. TREYES, RN, MN</b> Chief Nurse		07/08/2022
Reviewed:	<b>DENNIS C. ESCALONA, MN, FPCHA, FPSQua</b> Quality Assurance Supervisor		07/08/2022
Recommending Approval:	<b>MARIA LIZA C. PERAREN, RN, MAN</b> Nursing Division Officer		7/8/2022
	<b>FREDERIC IVAN L. TING, MD</b> OIC- Total Quality Division		7/8/22
	<b>MA. ANTONIA S. GENSOLI, MD, FPPS, FPCHA</b> Vice President – Chief Medical Officer		
Approved:	<b>GENESIS GOLDI D. GOLINGAN</b> President and CEO		

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KEY TASKS	PERSON RESPONSIBLE
1. Assesses, implements, manages and documents in the patient's chart.	Nurse in charge
2. Collects and evaluates fall data on a monthly basis and makes recommendations based on data and trends, as reported.	Nurse Clinical Manager
3. Assists nurse during implementation of interventions.	Nursing Attendant
4. Assesses and prescribes medical interventions.	Medical Doctors
5. Supports a safe environment of care.	Maintenance/House keeping
6. Validates fall incident, re-enforce implementation of interventions and management, coordinates with other departments to ensure compliance with the protocol.	Head Nurse/Supervisor



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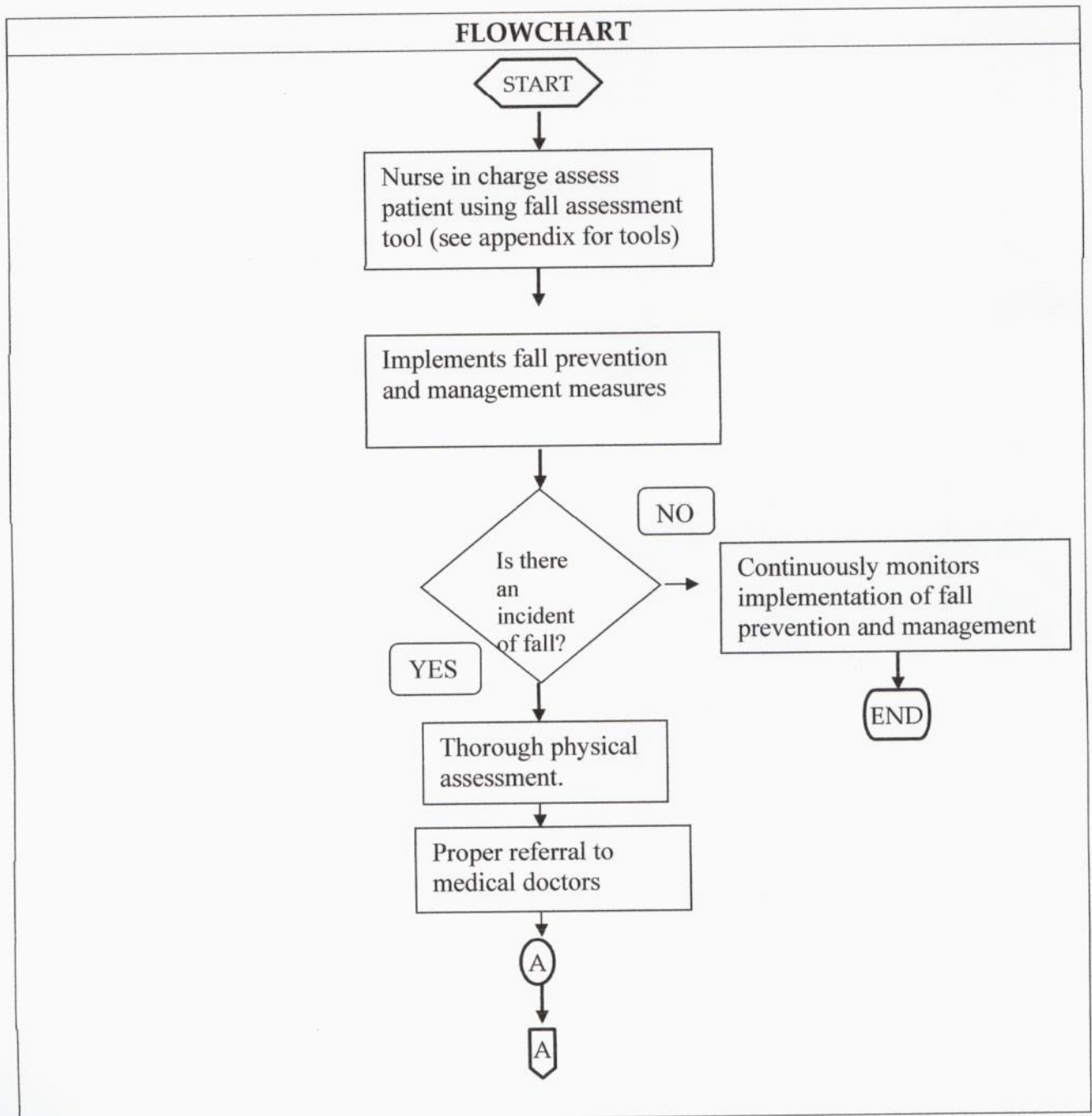


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## FLOWCHART



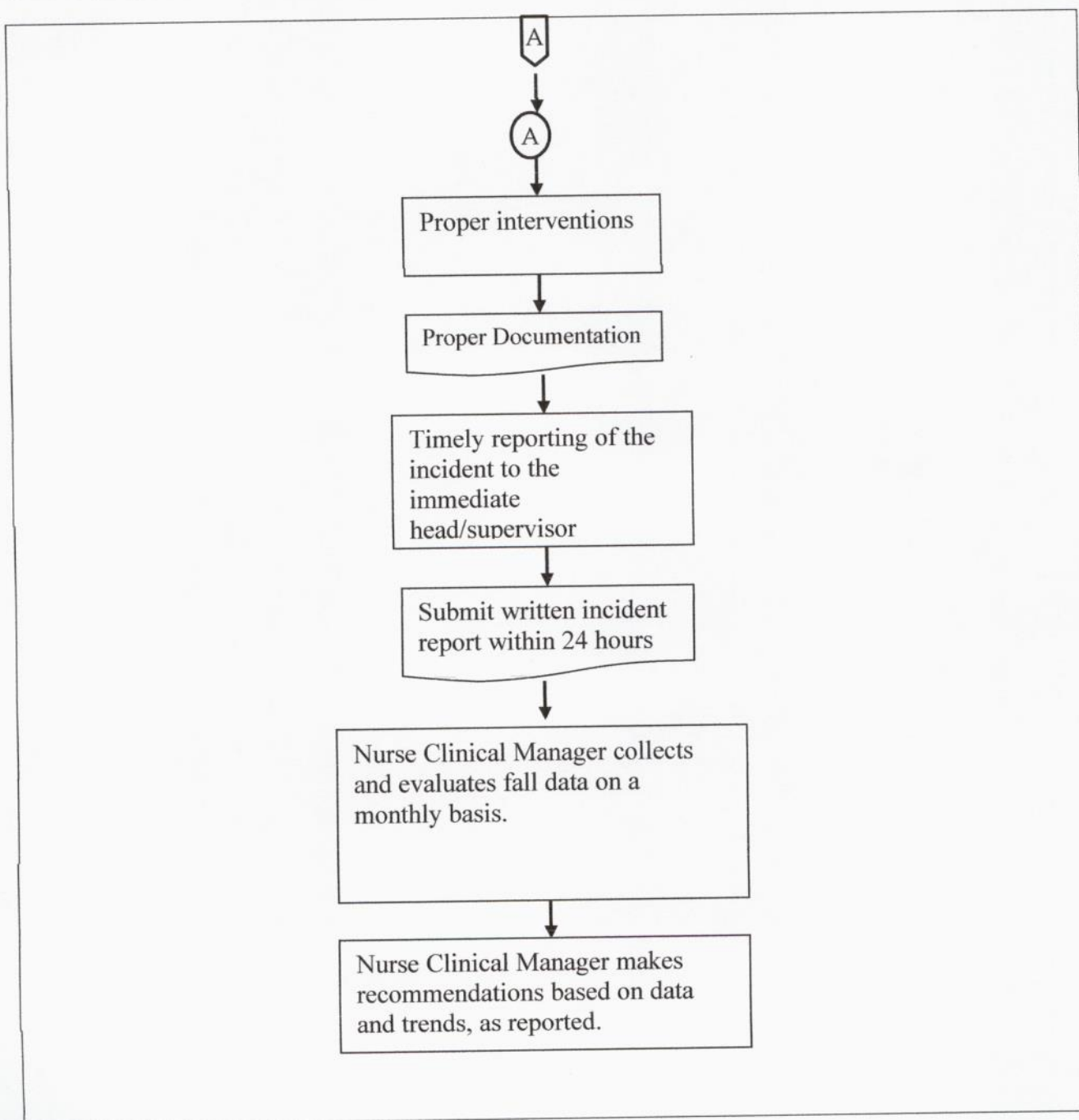





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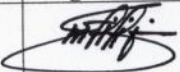
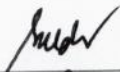


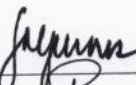

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