

Document Title:	ADMISSION OF PATIENT TO PACU	
Department/Section:	Post-Anesthesia Care Unit	
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Document Type:	Policy	
Effective Date:	11-30-2021	
Document Code:	DPOTMH-I-34-P03	

## **PURPOSE:**

To describe the transition of care from the surgical suites to the Post-Anesthesia Care Unit (PACU)

### LEVEL:

Anesthesiologists, Surgeons, Registered Nurses, Nursing Attendants

#### **DEFINITION OF TERMS:**

Clinical handover describes systems and strategies for effective clinical communication whenever accountability and responsibility for a patient's care is transferred<sup>1</sup>

#### POLICY:

- 1. When admitting a patient to the PACU, patient identification and handover shall be done between the endorsing nurse (depending on the area where the patient will be coming from e.g. Surgical Complex staff's Circulating Nurse, Endoscopy Staff Nurse, Cardiac Catheterization Staff) and the receiving PACU Staff.
- 2. Post-operative orders shall be communicated both verbally and documented in the patient's chart.
- 3. Clinical handover/ endorsement shall highlight any issues encountered during the intra-operative period.
- 4. The PACU nurse shall ensure that the patient care area is prepared to provide equipment for the care of the patient including:
  - 1.1 Jackson-Reese bag with appropriately sized face mask if needed
  - 1.2 Suction machine
  - 1.3 Oxygen saturation monitor
  - 1.4 Blood pressure monitoring equipment



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- 1.5 Means of achieving privacy
- 1.6 Oxygen delivery devices

**Note:** Some instances require humidified supplemental oxygen therapy. This consists of, but is not limited to patients who have undergone laryngoscopies, bronchoscopies, esophagoscopies, laser excisions of laryngeal or tracheal papilloma's and tonsillectomies. In addition, any patient with upper airway compromise, specifically stridor or a history of croup, should have humidified oxygen therapy.

2 The PACU nurse shall provide intensive monitoring of patients following the administration of an anesthetic (general, regional or sedation) in conjunction with surgery or other diagnostic/therapeutic intervention. An ongoing and continuous assessment shall be conducted for each patient during their stay inside the unit.

#### 3 The PACU nurse shall:

- 3.1 Assess patient vital signs and condition, noting alterations and trends. Vital signs will be assessed every 15 minutes for the first hour of PACU stay or until the Modified Aldrete Score criteria are met.
- 3.2 Assess for any changes in patient condition.
- 3.3 Plan appropriate nursing treatments and interventions to achieve restoration of functional stability.
- 3.4 Provide appropriate safeguards for the patient to minimize the potential for injury such as use of side rails, use of appropriate size stretcher/crib, ensure that it is is clear of instrumentation/objects which may produce physical harm and position patient appropriately in a manner that prevents injury from improper positioning.

#### **DOCUMENTATION:**

**New Policy** 

## **DISSEMINATION:**

- 1. Post Anesthesia Care Unit Policy
- 2. Orientations



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### REFERENCE:

<sup>1</sup>Clinical Handover - an overview | ScienceDirect Topics. (n.d.). Science Direct. Retrieved October 12, 2021, from https://www.sciencedirect.com/topics/nursing-and-health-professions/clinical-handover

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Odom-Forren, J. (2013). Drain's Perianesthesia Nursing: A Critical Care Approach (6<sup>th</sup> Edition).

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	Name/Title	Signature	Date
Dramanad have	WELYN J. TIROL-BERMUDEZ, RN Surgical Suites Staff Nurse	Bur	11/9/2021
Prepared by:	AILEEN B. PALENGE, RN Endoscopy Unit/ PACU Head Nurse	Charge	11/10/21
Verified:	MARIA AGNES A. SARIEGO, RN, MN, FPCHA Surgical Complex Manager	Amir	11-70-2021
Reviewed by:	<b>DENNIS C. ESCALONA, MN, FPCHA, FPSQua</b> Quality Assurance Supervisor	Shirt	11/10/2021
	MARIA LIZA C. PERAREN, RN, MAN Nursing Service Division Officer	plyum	11/10/2121
Recommending Approval:	HENRY F. ALAVAREN, MD, FPSMID, FPSQua < Total Quality Division Officer	Muen	11/12/2021
	MA. ANTONIA S. GENSOLI, MD, FPPS, FPCHA Vice President – Chief Medical Officer	marginal:	N-18-70
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		3/8/22



Document Code:	DPOTMH-I-34-P03-S01	
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## **PURPOSE:**

To discuss the processes involved in admitting patients to the Post-Anesthesia Care Unit.

# SCOPE:

Applies to all Post-Anesthesia Care Unit staff of Dr. Pablo O. Torre Memorial Hospital

# **PERSON RESPONSIBLE:**

Attending Physician, Anesthesiologist, Registered Nurse, and Technician

## PROCEDURE:

- 1. Receive endorsement of patient from intra-operative nurse with the following information:
  - 1.1. type of procedure performed
  - 1.2. any intra-operative complications encountered
  - 1.3. type of anesthesia (e.g. general, mask sedation, intravenous sedation, total intravenous anesthesia)
  - 1.4. presence of catheters, drainage tubes
  - 1.5. other special device attached to the patient
  - 1.6. type of dressings used
  - 1.7. presence of endotracheal tube
  - type of oxygen delivery administered (e.g. nasal cannula, face mask, nonrebreathing mask)
  - 1.9. types of cannulation and its respective locations
  - 1.10. administration of blood, colloids, fluid and electrolyte balance.
  - 1.11. drug allergies
  - 1.12. RT-PCR result.



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- 1.13. pre-existing medical condition and if co-managed by internal medicine and update MROD.
- 1.14. special pre-operative orders to be done post-operatively (e.g. RBS, ABG, ECG 12 leads)
- 2. Attach patient to monitor and oxygen upon arrival at PACU.
- 3. Assess patient status using Aldrete Score, Bromage Score and Sedation Score, whichever is applicable.
- 4. Keep patient thermoregulated (≤ 36°C and ≥ 37.5°C body temperature).
- 5. Review the post-operative orders.
- 6. Give due medications as ordered. (antibiotic, single dose at PACU, pain medication, etc.).
- 7. Monitor patient's sedation score every 15 minutes.
- 8. Orient patient to time, place and person.
- 9. Refer for any untoward signs and symptoms.
- 10. Comply with all documentation required.
- 11. Request for laboratory works, X-ray en route and other request ordered by the surgeon or anesthesiologist.

## REFERENCE:

The Patient Care Manual. (2018). Boston's Children's Hospital

Nettina, S. (2013). Lippincott Manual of Nursing Practice (10<sup>th</sup> Ed.) New York. Lippincott & Wilkins

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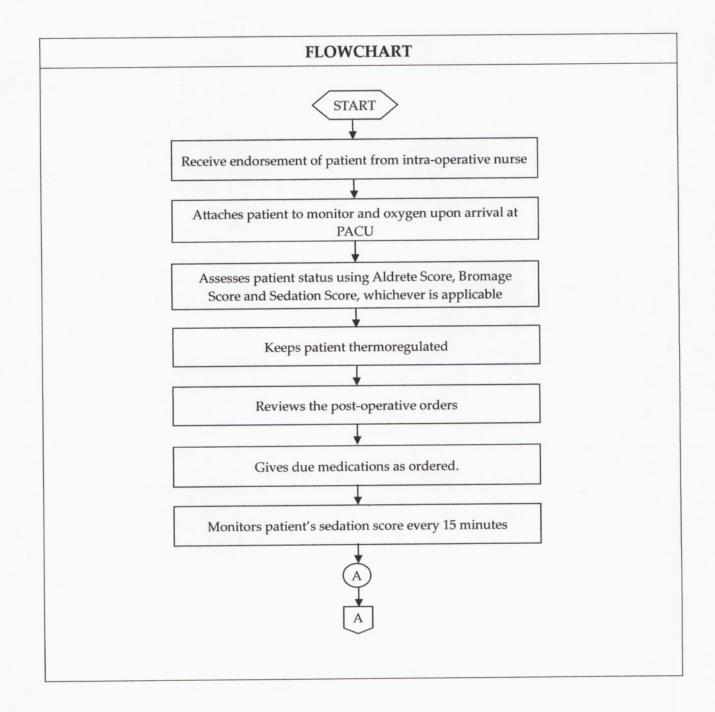


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	Name/Title	Signature	Date
D 11	WELYN J. TIROL-BERMUDEZ, RN Surgical Suites Staff Nurse	34	3/3/22
Prepared by:	AILEEN B. PALENGE, RN Endoscopy Unit/ PACU Head Nurse	Jaly	3/3/22
Verified:	MARIA AGNES A. SARIEGO, RN, MN, FPCHA Surgical Complex Manager	Johns	3/3/22
Reviewed by:	DENNIS C. ESCALONA, MN, FPCHA, FPSQua Quality Assurance Supervisor	\$	3/3/22
	MARIA LIZA C. PERAREN, RN, MAN Nursing Service Division Officer	filjum	3/3/2129
Recommending Approval:	HENRY F. ALAVAREN, MD, FPSMID, FPSQua Total Quality Division Officer	Dane J	2/3/2022
	MA. ANTONIA S. GENSOLI, MD, FPPS, FPCHA Vice President – Chief Medical Officer	margini	l. g.23.2
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		4/6/22

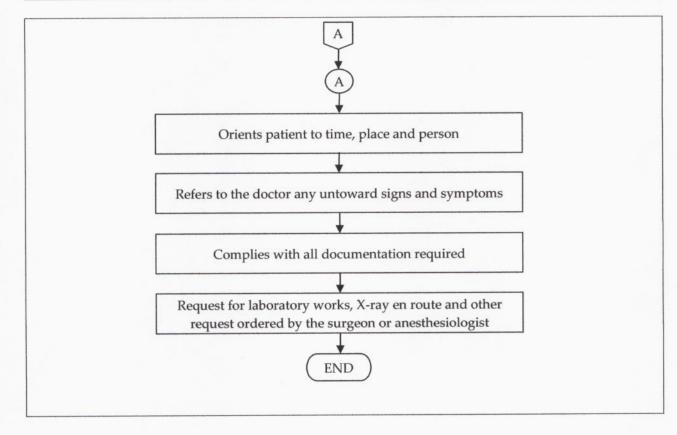


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	Name/Title	Signature	Date
Prepared by:	WELYN J. TIROL-BERMUDEZ, RN Surgical Suites Staff Nurse	केम	3/3/22
	AILEEN B. PALENGE, RN Endoscopy Unit/ PACU Head Nurse	Jahr	3/3/22
Verified:	MARIA AGNES A. SARIEGO, RN, MN, FPCHA Surgical Complex Manager	Harry.	3/3/22
Reviewed by:	DENNIS C. ESCALONA, MN, FPCHA, FPSQua Quality Assurance Supervisor	*	4/3/22
Recommending Approval:	MARIA LIZA C. PERAREN, RN, MAN Nursing Service Division Officer	Jugum	3/9/2022
	HENRY F. ALAVAREN, MD, FPSMID, FPSQua - Total Quality Division Officer	Lum	3/3/2027
	MA. ANTONIA S. GENSOLI, MD, FPPS, FPCHA Vice President – Chief Medical Officer	marginal.	3-28.8
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		4/6/22



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KEY TASKS	PERSON RESPONSIBLE	
1. Receives endorsement of patient from intra- operative nurse.	PACU Staff	
2. Attaches patient to monitor and oxygen upon arrival at PACU	PACU Staff	
3. Assesses patient status using Aldrete Score, Bromage Score and Sedation Score, whichever is applicable.	PACU Staff	
4. Keeps patient thermoregulated ( $\leq$ 36°C and $\geq$ 37.5°C body temperature).	PACU Staff	
5. Reviews the post-operative orders.	PACU Staff	
6. Gives due medications as ordered	PACU Staff	
7. Monitors patient's sedation score every 15 minutes.	PACU Staff	
8. Orients patient to time, place and person.	PACU Staff	
9. Refers for any untoward signs and symptoms.	PACU Staff	
10. Complies with all documentation required.	PACU Staff	
11.Requests for laboratory works, X-ray en route and other request ordered by the surgeon or anesthesiologist.	PACU Staff	



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	Name/Title	Signature	Date
Prepared by:	WELYN J. TIROL-BERMUDEZ, RN Surgical Suites Staff Nurse	Ber)	3/3/22
	AILEEN B. PALENGE, RN Endoscopy Unit/ PACU Head Nurse	Gales	3/3/22
Verified:	MARIA AGNES A. SARIEGO, RN, MN, FPCHA Surgical Complex Manager	Amp	3/3/22
Reviewed by:	DENNIS C. ESCALONA, MN, FPCHA, FPSQua Quality Assurance Supervisor	#	3/5/22
Recommending Approval:	MARIA LIZA C. PERAREN, RN, MAN Nursing Service Division Officer	Jupan	3/3/2020
	HENRY F. ALAVAREN, MD, FPSMID, FPSQua Total Quality Division Officer	* Kuw	3/3/2022
	MA. ANTONIA S. GENSOLI, MD, FPPS, FPCHA Vice President – Chief Medical Officer	Margens	. 3.23.
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		4/6/22