

B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100

Document Code:	DPOTMH-I-34-P04-S01	
Effective Date:	11-30-2021	
Document Type:	Standard Operating Procedure	
Page Number:	1 of 3	
Department/Section:	Post-Anesthesia Care Unit	
Document Title: DISCHARGE POLICY FOR POS ANESTHESIA CARE UNIT		

### **PURPOSE:**

To ensure continuous care of post-operative patient until patient has fully recovered from the sedation given or until criteria for discharge has been met.

## SCOPE:

Applies to all Post-Anesthesia Care Unit staff, Department of Imaging Sciences staff of Dr. Pablo O. Torre Memorial Hospital

## PERSON RESPONSIBLE:

Attending Physician, Anesthesiologist, Registered Nurse, and Technician

#### PROCEDURE:

- 1. Assess patient using to the adopted criteria.
- 2. Observe for post-operative complications such as hypotension, bradycardia, bradypnea, hypothermia/ hyperthermia, postoperative nausea and vomiting, or any other untoward signs and symptoms.
- Evaluate for signs of recovery from anesthesia such as stable vital signs, patient is fully awake, oriented, able to breathe properly without of less oxygen support, and pain-free.
- 4. Ensure that the criteria for discharge are met and patient is cleared by AROD
- 5. For Inpatients:
  - 5.1. Endorse to ward/ ICU nurse in-charge
  - 5.2. Transfer to room per stretcher/ patient's bed
- 6. For Outpatients:
  - 6.1. Patient should be cleared from the Billing Section with confirmation
  - 6.2. Discharge medication prescriptions are given to the patient/companion.
  - 6.3. Patient discharge teaching and written instructions are provided to the patient and/or companion.



B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100

Document Code:	DPOTMH-I-34-P04-S01	
Effective Date:	11-30-2021	
Document Type:	Standard Operating Procedure	
Page Number:	2 of 3	
Department/Section:	Post-Anesthesia Care Unit	
Document Title:	DISCHARGE POLICY FOR POST- ANESTHESIA CARE UNIT	

- 6.4. Patient is discharged with a responsible adult.
- 6.5. Patient is discharged per wheelchair and escorted out of the hospital.

## REFERENCE:

<sup>1</sup>Coté, C. J., MD, FAAP, & Wilson, S., DMD, MA, PhD. (2019). Guidelines for Monitoring and Management of Pediatric Patients Before, During, and After Sedation for Diagnostic and Therapeutic Procedures. *Pediatric Dentistry*, 41(4), E33.

https://www.aapd.org/globalassets/media/policies\_guidelines/bp\_monitoringsedation.pdf

The Patient Care Manual. (2018). Boston's Children's Hospital

Nettina, S. (2013). Lippincott Manual of Nursing Practice (10<sup>th</sup> Ed.) New York. Lippincott & Wilkins

Bigony, L., (2012). Is your Client Ready for PACU Discharge? OR Nurse, September 2012. 48 National Association of PeriAnestesia Nurses of Canada Standards for Practice 3<sup>rd</sup> Edition 2014

Odom-Forren, J. (2013). Drain's Perianesthesia Nursing: A Critical Care Approach (6<sup>th</sup> Edition).

Perry, A., Potter, P., & Ostendorf, W. (2018). Clinical Nursing Skills and Techniques, (9<sup>th</sup> Edition).



B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100

Document Code:	DPOTMH-I-34-P04-S01	
Effective Date:	11-30-2021	
Document Type:	Standard Operating Procedure	
Page Number:	3 of 3	
Department/Section:	Post-Anesthesia Care Unit	
Document Title: DISCHARGE POLICY FOR POS ANESTHESIA CARE UNIT		

# **APPROVAL:**

	Name/Title	Signature	Date
Prepared by:	WELYN J. TIROL-BERMUDEZ, RN Surgical Suites Staff Nurse	Son	3/3/22
	AILEEN B. PALENGE, RN Endoscopy Unit/ PACU Head Nurse	apun	3/3/22
Verified:	MARIA AGNES A. SARIEGO, RN, MN, FPCHA Surgical Complex Manager	Ang.	3/2/22
Reviewed by:	DENNIS C. ESCALONA, MN, FPCHA, FPSQua Quality Assurance Supervisor		3/8/2022
Recommending Approval:	MARIA LIZA C. PERAREN, RN, MAN Nursing Service Division Officer	Symm	3/3/202
	HENRY F. ALAVAREN, MD, FPSMID, FPSQua Total Quality Division Officer	Much	3/3/2022
	MA. ANTONIA S. GENSOLI, MD, FPPS, FPCHA Vice President – Chief Medical Officer	margine	· 3.23.
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		4/6/2