



DR. PABLO O. TORRE  
MEMORIAL HOSPITAL

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Effective Date:	10-30-2021
Document Type:	Work Instruction
Page Number:	1 of 3
Department/Section:	Neonatal Intensive Care Unit
Document Title:	<b>ASSISTING IN UMBILICAL CATHETERIZATION</b>

KEY TASKS	PERSON RESPONSIBLE
1. Explains the procedure to family or significant others.	Attending Physician
2. Secures signed consent.	Staff Nurse
3. Gathers all equipment needed for the procedure.	Staff Nurse
4. Confirms patient's identity using 2 patient identifiers.	Staff Nurse
5. Positions the infant correctly and comfortably under radiant warmer, restraining the limbs with clean linens for immobilization.	Staff Nurse
6. Prepares the umbilical catheterization set/tray and other supplies needed observing proper aseptic technique.	Staff Nurse
7. Disinfects the umbilical cord and the surrounding area with sterile swab sticks or sterile cotton balls dipped in 10% Povidone Iodine.	Staff Nurse
8. Drapes the umbilical site with sterile towel with hole.	Attending Physician
9. Assists the doctor in handling supplies (instruments, suture, 10cc syringe, umbilical catheter, blade, sterile gauze).	Staff Nurse
10. Ties the area around the Wharton's jelly loosely prior to cutting the cord to prevent excessive bleeding.	Attending Physician
11. Cuts the umbilical cord using sterile iris scissors or surgical blade to about 1-2cm from the skin, and	Attending Physician




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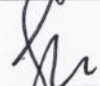

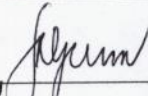
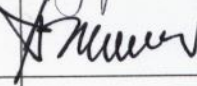
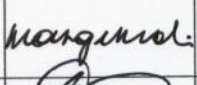
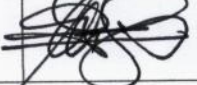
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locates the umbilical vein using mosquito curve or straight forceps.	
12. Grasps the cord stump and holds it upright.	Attending Physician
13. Does purse-string suturing method around the cord using silkam 2-0 HR26.	Attending Physician
14. Identifies the umbilical vein for insertion of umbilical catheter and gently dilates the umbilical vein using closed tip forceps.	Attending Physician
15. Inserts umbilical catheter fr. 5 or fr. 3.5 and gradually inserted into the lumen directing it towards the pelvis while gentle traction is exerted on the cord.	Attending Physician
16. Inserts the umbilical catheter to a depth of 3-5 cm until free flow of blood is established.	Attending Physician
17. Flushes the catheter using isotonic saline solution.	Attending Physician
18. Cleans the surrounding site with normal saline for irrigation and disinfects with 10% Povidone Iodine.	Attending Physician
19. Covers the umbilical site with sterile gauze and anchors the dressing with micropore.	Attending Physician



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