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|  <p>B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100</p> <p>DR. PABLO O. TORRE MEMORIAL HOSPITAL</p> | Document Code: | DPOTMH-NSD-DR-SOP008 |
| | Revision Number: | 0 |
| | Effective Date: | 10-30-2020 |
| | Document Type: | Standard Operating Procedure |
| | Page Number: | 1 |
| | Department/Section: | Delivery Room |
| | Document Title: | FETAL HEART RATE ASSESSMENT |

PURPOSE:

To assess the fetal heart rate of the baby.

OBJECTIVE:


To standardize the process of assessing fetal heart rate

RESPONSIBLE PERSON:

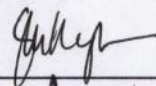
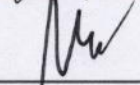
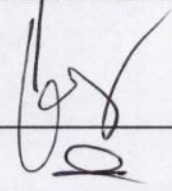
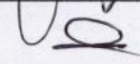
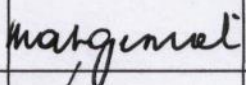
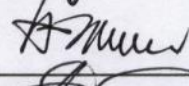

Attending Physician, OB Gyne resident, Registered Nurse, Registered Midwife


GENERAL GUIDELINES:

1. Monitoring fetal well-being of the baby in the form of fetal heart rate assessment should be an essential part of the care during labor.
2. Universal precaution and hand washing before and after the procedure should be applied.
3. FHR should be checked every hour while the patient is in the labor room unless otherwise ordered and should be referred immediately to Resident on duty when abnormal rate and rhythm is detected
4. FHR should be checked immediately after rupture of membranes
5. FHR should be checked upon patient's arrival at the triage unit (for 12 weeks AOG and above)

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APPROVAL:

| | Name/Title | Signature | Date |
|---------------------------|--|---|------------|
| Prepared by: | MAANE GERALDINE U. SUN, RN Delivery Room Staff Nurse |  | 10-20-2020 |
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| Recommending Approval: | MA. ANTONIA S. GENSOLI, MD, FPPS Medical Director |  | 10-21-2020 |
| | HENRY F. ALAVAREN, MD, FPSMID Total Quality Division Officer |  | 10/25/2020 |
| Approved: | GENESIS GOLDI D. GOLINGAN President and CEO |  | 12/28/2020 |

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EQUIPMENT NEEDED:

1. Doppler
2. Lubricating Jelly

PROCEDURE:

1. Nurse on duty places the pregnant woman comfortably in bed in a supine position.
2. Nurse on duty provides privacy and maintains good lighting and should explain procedure to the patient.
3. Nurse on duty does hand washing before performing the procedure.
4. Nurse on duty does Leopold's maneuver and finds the fetal back.
5. Nurse on duty counts the fetal heart rate in one full minute when using fetoscope or doppler and notes for irregularities in the rate and rhythm:
 - Tachycardia – heart rate above 160/minute**
 - Bradycardia – unusually slow heart rate below 110 bpm**
6. Nurse on duty informs the Resident on duty of the result.
7. Nurse on duty does after care and hand washing should be done after the procedure.
8. Document the rate and rhythm correctly and properly.



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FLOWCHART:

