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PURPOSE:

Internal Vaginal Examinations are done when a pregnant woman has:

1. Symptoms of preterm labor.
2. Uterine Contractions that may have changed the cervix. The cervix may be open and thin without strong or painful contractions.
3. Unusual pelvic pressure or back pain.
4. Vaginal bleeding
5. Ruptured amniotic membranes
6. To be checked for vaginal infection

OBJECTIVE:


To provide a standardized procedure of safely performing Internal Examination to pregnant women.

RESPONSIBLE PERSON:

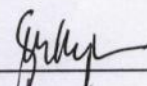

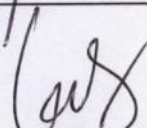
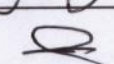
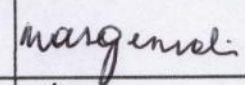
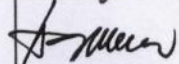
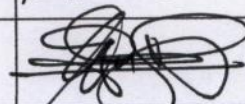
Attending Physician OB-Gynecologist, Resident OB-Gynecologist, Registered Nurse, Midwife


GENERAL GUIDELINES:

1. Internal examination should only be conducted by trained members of the health care team with clean hands covered by sterile gloves.
2. When the placenta is known to be overlapping or covering the cervix (placenta previa), internal exams are completely avoided. Disturbing the placenta can trigger bleeding.
3. Proper aseptic technique should be observed.

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APPROVAL:

	Name/Title	Signature	Date
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Verified:	MA. CARMELA O. HECHANOVA, RN Delivery Room Head Nurse		11-04-2020
Reviewed:	GEORGE ANTHONY S. ANG, RN Accreditation Standard Internal Auditor for Patient Care		11-10-20
	DENNIS C. ESCALONA, MN, FPSQua Quality Assurance Supervisor		11-10-2020
Recommending Approval:	MA. ANTONIA S. GENSOLI, MD, FPPS Medical Director		11-12-2020
	HENRY F. ALAVAREN, MD, FPSMID Total Quality Division Officer		11/16/2020
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		12/15/2020

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EQUIPMENT NEEDED:

- Sterile gloves
- Lubricating jelly

PROCEDURE:

1. Nurse or midwife on duty gathers the materials at bedside.
2. Nurse or midwife on duty uses screen to provide privacy to the patient.
3. Nurse or midwife on duty maintains good lighting.
4. Any member of the health care team on duty explains procedure to the patient.
5. Nurse or midwife on duty lets the patient empty her bladder.
6. Nurse or midwife on duty places the patient in a dorsal recumbent position, drapes the patient properly and instructs the patient to relax while the Attending Physician or Resident on duty is doing the Internal Examination.
7. Members of the health care team observes universal precaution and does hand washing before the procedure is performed.
8. Nurse or midwife on duty assists the physician or resident on duty in the procedure by serving the gloves and KY jelly.
9. If the Resident on duty is the one who did the Internal Examination, they will inform the Attending Physician of the result.
10. Nurse or Midwife on duty does aftercare and discards used gloves in the proper waste container.
11. Nurse or midwife on duty ensures that the patient's linen is tidy after the procedure.
12. All health care workers does hand washing after the procedure.
13. Nurse or midwife on duty documents the IE result on the labor room record.
14. Nurse or midwife lists materials used in the charge form. Ward clerk / attendant will encode charges via BizBox.

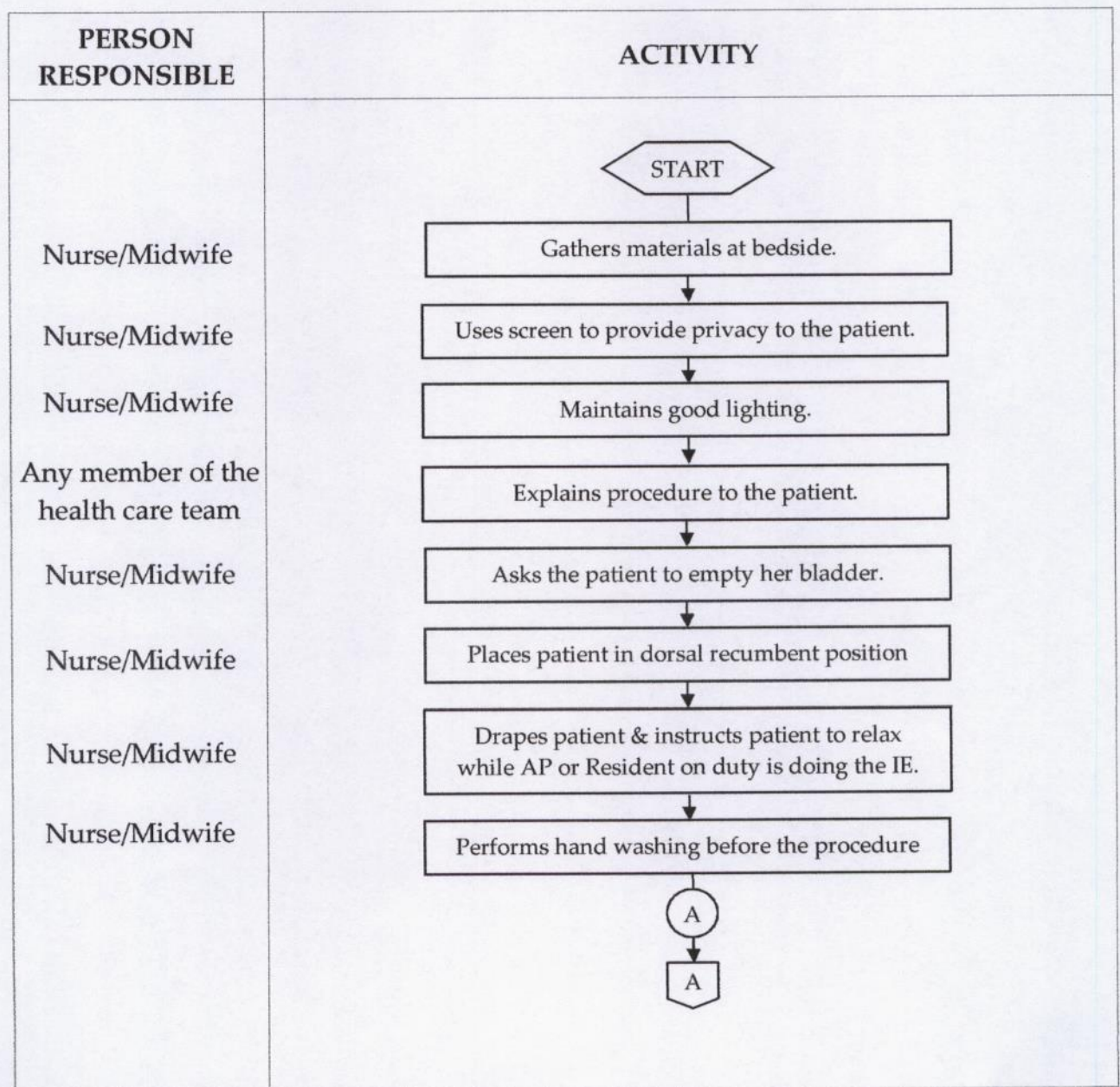


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FLOWCHART:

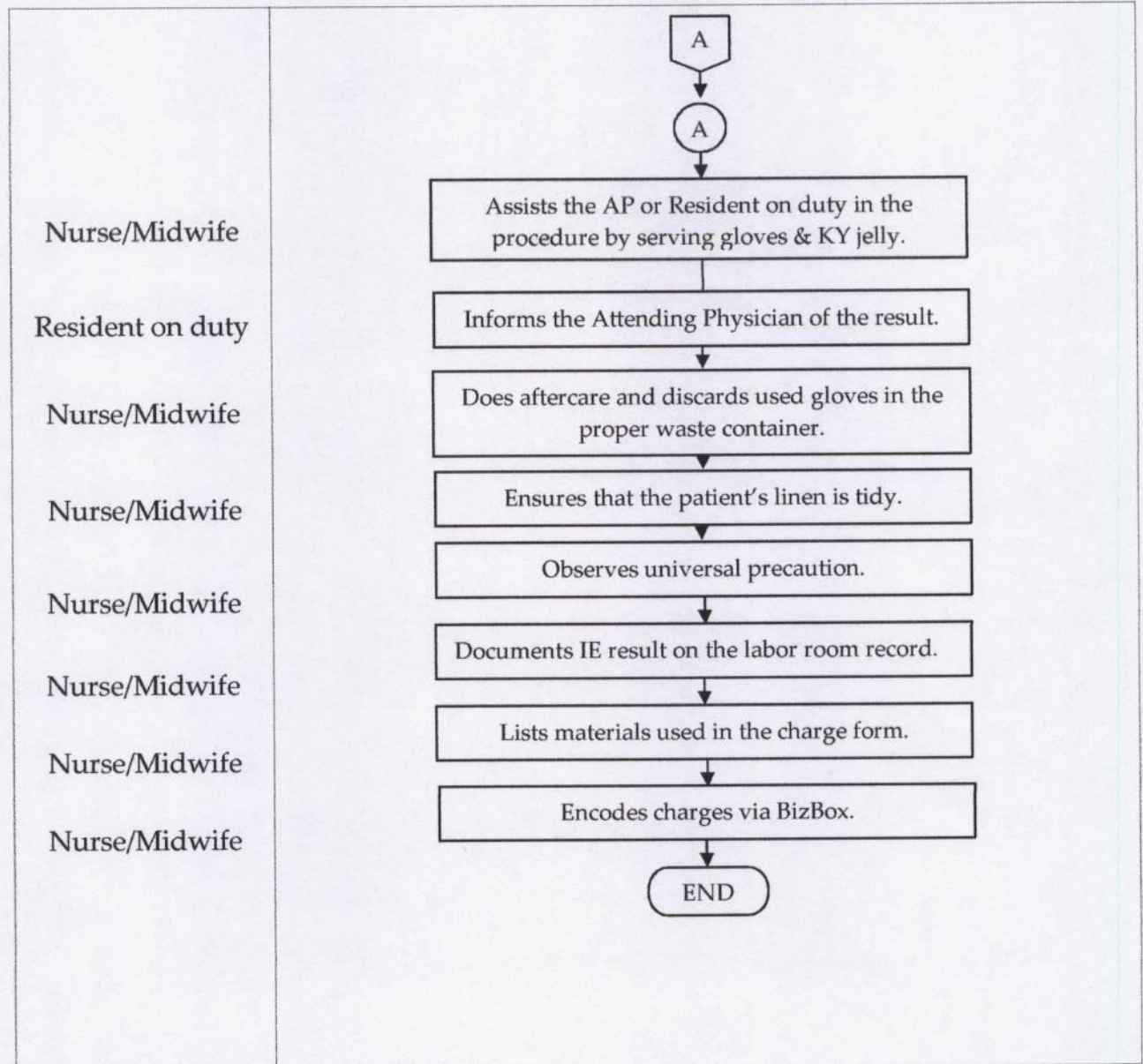





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