



DR. PABLO O. TORRE
MEMORIAL HOSPITAL

B.S. Aquino Drive,
Bacolod City,
Negros Occidental,
6100

Document Code:	DPOTMH-NSD-DR-SOP017
Revision Number:	0
Effective Date:	11-13-2020
Document Type:	Standard Operating Procedure
Page Number:	1
Department/Section:	Delivery Room
Document Title:	PERINEAL CARE

PURPOSE:

1. To prevent infection, odors, irritation, and promotes client comfort.
2. To prevent ascending infection and/or introduction of microorganism into laceration or episiotomy.

OBJECTIVE:

To be able to deliver nursing care management according to the quality standard procedure of performing perineal care.

RESPONSIBLE PERSON:

Registered Nurse, Registered Midwife, Technicians

GENERAL GUIDELINES:

As with all procedures, aseptic technique, proper hand washing, orientation of patient to procedure, provision of privacy and standard precaution should be done.



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APPROVAL:

	Name/Title	Signature	Date
Prepared by:	MA. CARMELA O. HECHANOVA, RN Delivery Room Head Nurse		
Reviewed:	SUZETTE J. PIDO, RN QA Internal Quality Analyst – Patient Care		11-10-2020
	DENNIS C. ESCALONA, RN, MN, FPSQua Quality Assurance Supervisor		11-10-2020
Recommending Approval:	MA. ANTONIA S. GENSOLI, MD, FPPS Medical Director		11-12-2020
	HENRY F. ALAVAREN, MD, FPSMID Total Quality Division Officer		11/16/2020
Approved:	GENESIS GOLDI D. GOLINGAN President and CEO		12/15/2020



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EQUIPMENT NEEDED:

1. Waterproof pad
2. Cherries
3. Betadine cleanser / Betadine pure
4. Sterile Gloves
5. Sterile water irrigation
6. Pick-up forceps
7. Patient
8. Pick-up

PROCEDURE:

1. Nurse on duty gathers equipment at bedside.
2. Nurse on duty correctly identifies the patient.
3. Nurse on duty explains the procedure to the patient.
4. Nurse on duty provides privacy for patient and maintains good lighting.
5. Nurse on duty raises the bed to a comfortable working position.
6. Nurse on duty washes hands and applies sterile gloves.
7. Nurse on duty places waterproof pad under patient's hips.
8. Nurse on duty places patient to dorsal recumbent / lithotomy position.
9. Nurse on duty don sterile gloves.
10. Nurse on duty drapes the patient
11. Nurse inspects the perineum for redness, edema, echymosis, discharge and odor.
12. Nurse on duty washes the perineal area with betadine cleanser proceeding from the least contaminated to the most contaminated area (symphysis area to the anal area)
13. Nurse on duty cleans the labia majora, then spreads the labia to wash the folds between the labia majora and the labia minora. The area is rinsed well with plain water.
14. Nurse on duty assists the client to side-lying position, then cleans, rinses and dries the anal area.



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15. Nurse on duty removes the gloves and disposed to infectious bin.
16. Nurse on duty assist the client to a comfortable position.
17. Nurse on duty changes the linen.
18. Nurse on duty does aftercare and discards used supplies in the proper waste container.
19. Nurse on duty washes hands.
20. Nurse, attendant or clerk encodes the charges.

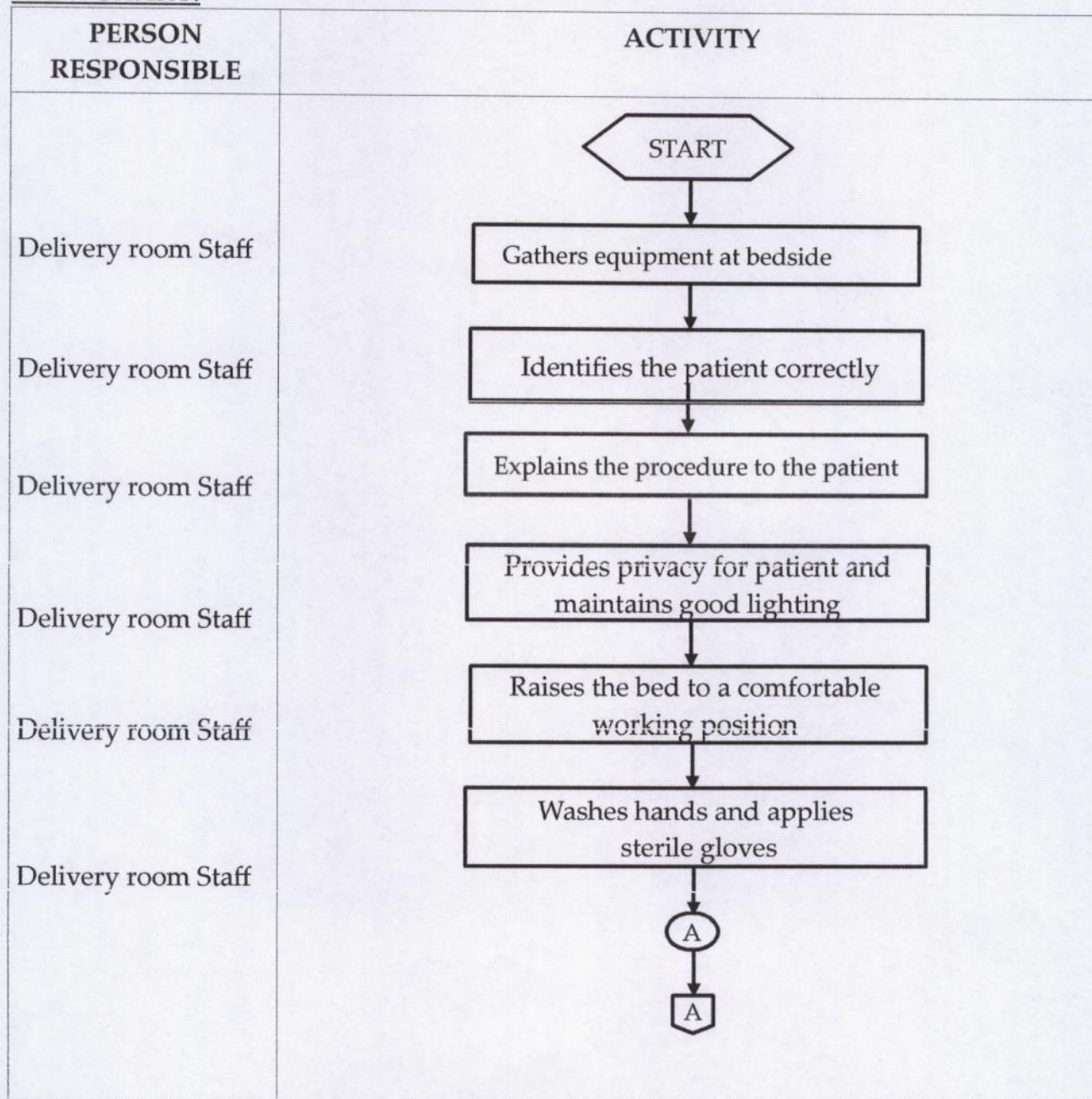


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FLOWCHART:





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Delivery room Staff

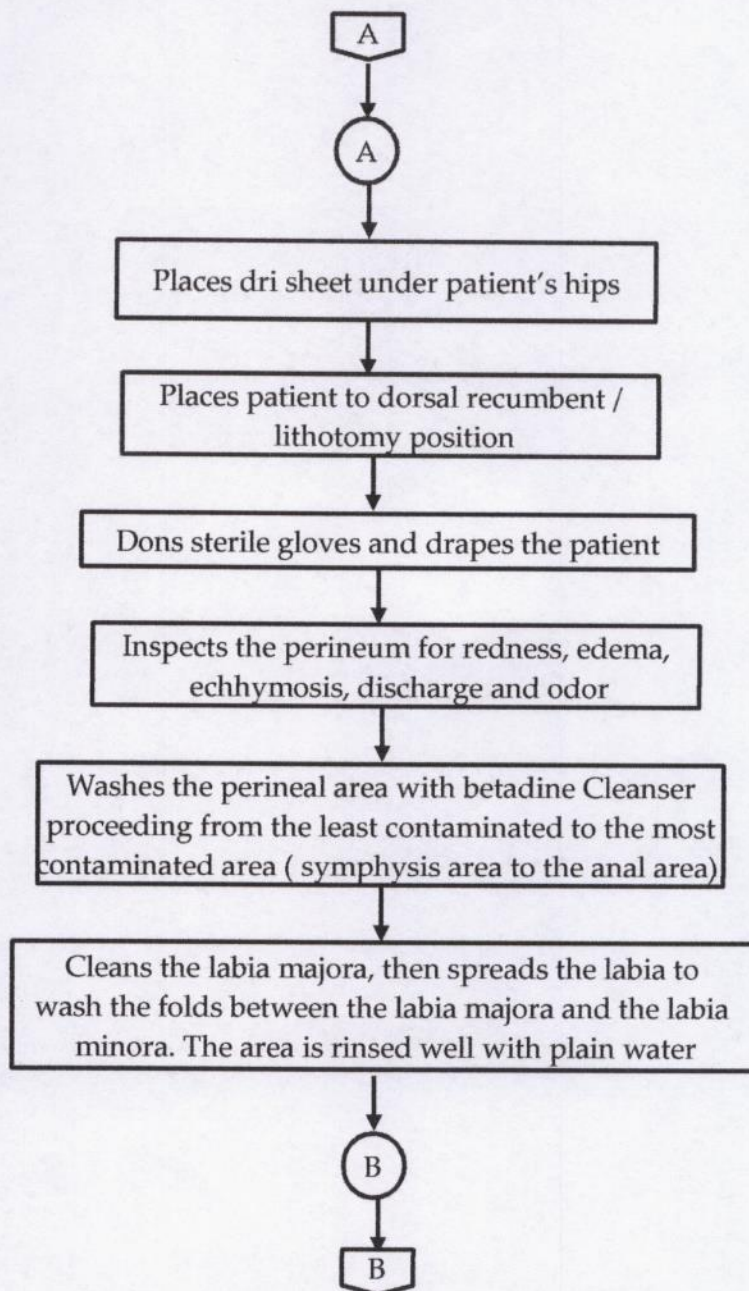
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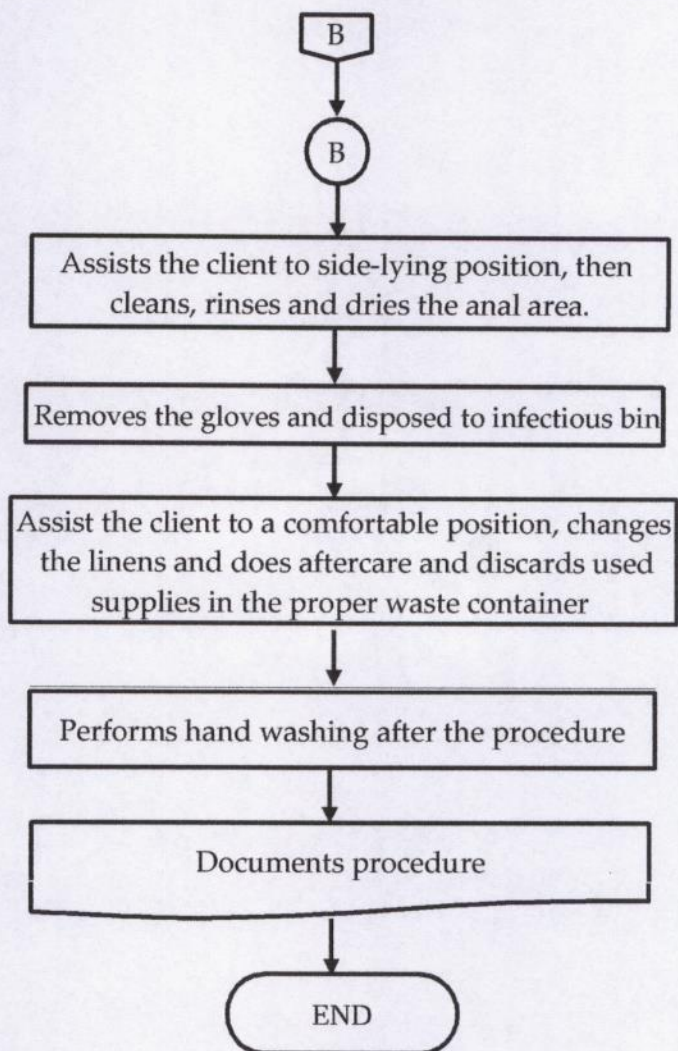
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REFERENCE:

CNA Skill: Providing Perineal Care for a Patient. (2010, November 25). CNA Training Help.
<https://cnatraininghelp.com/cna-skills/providing-perineal-care-for-patient/>