 <p>B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100</p> <p>DR. PABLO O. TORRE MEMORIAL HOSPITAL</p>	Document Code:	DPOTMH-HW-P34
	Effective Date:	06-30-2022
	Document Type:	Policy
	Page Number:	1 of 3
	Department/Section:	Quality Assurance
	Document Title:	SMOKE FREE POLICY

PURPOSE:


The primary purpose of a smoke free policy is to protect the health of the employees of Dr. Pablo O. Torre Memorial Hospital (DPOTMH) and their immediate family from second and third hand cigarette smoking.

LEVEL:

All employees

DEFINITION OF TERMS:

1. **E-cigarette.** Also known as electronic nicotine delivery system (ENDS) and electronic none nicotine delivery system (ENNDS) are devices which heat a liquid to create an aerosol which is then inhaled by the user (WHO, 2022).
2. **Heated Tobacco Products (HTPs).** Produces aerosol containing nicotine and toxic chemicals upon heating of the tobacco, or activation of the device containing the tobacco. The aerosols are inhaled by users during a process of sucking or smoking involving a device. They contain the highly addictive substance nicotine, non-tobacco additives and are often flavored (WHO, 2022).
3. **Secondhand Smoking (SHS).** Refers to the combination of smoke from the burning end of a cigarette and the smoke breathed out by the smokers. Secondhand smoke contains more than 7,000 chemicals, of which hundreds are toxic and about 70 can cause cancer (CDC, 2021)
4. **Smoke-free.** Refers to ban on smoking which provides effective protection from environmental tobacco smoke or second-hand smoke. (Source: DOH AO 2009-10)
5. **Third hand smoking (THS).** Refers to the contamination that persists after secondhand tobacco smoke has been emitted into air. It refers to the tobacco-related gases and particles that become embedded in materials, such as the carpet, walls, furniture, blankets, and toys. THS is not strictly smoke, but chemicals that adhere to surfaces from which they can be released back into the air, undergo chemical transformations and/or accumulate (Jacob, 2017).

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	Page Number:	2 of 3
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POLICY:

1. Dr. Pablo O. Torre Memorial Hospital (DPOTMH) supports a smoke-free workplace.
2. Cigarette smoking, Vape, and E-cigarettes shall be prohibited in all areas of Dr. Pablo O. Torre Memorial Hospital (DPOTMH).
3. DPOTMH shall participate with the government's campaign against cigarette smoking.
4. Signage's against cigarette smoking shall be displayed visibly within the vicinity of DPOTMH.
5. DPOTMH shall create and sustain awareness of smoke free policy among its patients, and employees. This can be achieved through patient education during admission, the effects of tobacco smoking on his/her recovery, and why cigarette smoking is prohibited in all areas of the hospital.
6. Continuous campaign against tobacco smoking as one of the leading causes of mortality and morbidity leading to a loss of life of more than 8 million people each year (CDC,2022)

REFERENCE:

Jacob, Benowitz, Destailats, Gundel, Hang, Martins-Green, Matt, Quintana, Samet, Schick, Talbot, Aquilina, Hovell, Mao, & Whitehead, P. N. L. H. L. B. G. E. P. J. J. M. P. N. J. M. F. J. H. T. P. (2017, January 7). Thirdhand Smoke: New Evidence, Challenges, and Future Directions. <https://doi.org/10.1021/Acs.Chemrestox.6b00343>. Retrieved May 16, 2020, from <https://doi.org/10.1021/acs.chemrestox.6b00343>





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Page Number:	3 of 3
Department/Section:	Quality Assurance
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