



DR. PABLO O. TORRE
MEMORIAL HOSPITAL

RIVERSIDE MEDICAL CENTER, INC.



METRO PACIFIC HEALTH
THE HEART OF FILIPINO HEALTHCARE

DEPARTMENT: Nursing Services Division		POLICY NUMBER: DPOTMH-IPP-DR-P005 (01)	
TITLE/DESCRIPTION: UPHOLDING THE RIGHTS OF THE NEWBORN			
EFFECTIVE DATE: June 15, 2025	REVISION DUE: June 14, 2028	REPLACES NUMBER: N/A	NO. OF PAGES: 1 of 10
APPLIES TO: Delivery Room		POLICY TYPE: Internal	

PURPOSE:

To protect and uphold the rights of every newborn by institutionalizing evidence-based newborn care practices, including the Essential Intrapartum and Newborn Care (EINC) protocol, newborn screening laws, and immunization guidelines. This policy ensures that all healthcare workers provide safe, respectful, and quality care to all newborns from birth to discharge.

DEFINITIONS:

Newborn – an infant from birth up to 28 days of life

EINC (Essential Intrapartum and Newborn Care) – a set of time – bound, evidenced- based practices initiated at birth to enhance newborn survival and reduce the risk of complications.

Skin-to-Skin Contact (SSC) - the immediate and uninterrupted placement of the unclothed newborn on the mother's bare chest following birth to promote thermal regulation, bonding and breastfeeding.

Delayed Cord Clamping – the practice of clamping the umbilical cord between 1 to 3 minutes afterbirth, or after pulsation ceases to improve neonatal outcomes such as iron stores and circulation.

RESPONSIBILITY:

Nurse, Midwife, Doctor

POLICY:

Our institution is committed to safeguarding the rights of the newborn in accordance with the DOH protocols and relevant national laws. The following rights shall be observed and integrated into routine newborn care:

1. Right to a Safe and Clean Birth Environment
 - Delivery shall be attended by skilled health personnel in a hygienic environment.
2. Right to Immediate Drying
 - Newborn shall be dried immediately and thoroughly after birth to prevent heat loss.
3. Right to Immediate and Prolonged Skin-to-Skin Contact
 - shall begin immediately after birth and continue uninterrupted for at least 90 minutes.
4. Right to Early Initiation of Breastfeeding
 - Breastfeeding shall begin within 90 minutes of birth during SSC.





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5. Right to Delayed Cord Clamping
 - Umbilical cord shall be clamped 1 to 3 minutes after birth or after it stops pulsating.
6. Right to Rooming-In
 - Mother and baby shall remain together 24/7 unless medically indicated.
7. Right to Exclusive Breastfeeding
 - No artificial feeding unless prescribed by a physician for medical reasons.
8. Right to Proper Identification
 - Newborn shall be tagged with properly labeled identification bands immediately after birth
9. Right to Expanded Newborn Screening, Newborn Hearing Test and Critical Congenital Heart Disease Screening Test
 - Offered and performed in accordance with national mandates, with informed parental consent.
10. Right to Timely Immunization
 - BCG and Hepatitis B vaccines shall be given within 24 hours of life unless contraindicated.
11. Right to Legal Identity
 - Birth registration shall be facilitated before discharge.
12. Right to Non-Discriminatory Care
 - Every newborn is to be treated equally regardless of gender, birth condition, or social status.

CONTROLLED
DOCUMENT



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PROCEDURE (SOP):

In the Delivery Room / Operating Room

1. The nurse receives the newborn on a clean, warm surface immediately after birth.
2. The nurse dries the newborn thoroughly using a clean, dry towel to prevent heat loss.
3. The nurse places the newborn in immediate skin-to-skin contact on the mother's bare chest.
4. The nurse ensures that cord clamping is delayed for 1 to 3 minutes or until pulsation ceases.
5. The nurse secures properly labeled identification bands on both the mother and newborn.
6. The nurse assists and supports the mother in initiating breastfeeding within the first 90 minutes of life.

In the Postpartum Ward / Rooming-In Area

1. The nurse ensures that the mother and newborn are not separated unless medically necessary and documented.
2. The nurse educates the mother about exclusive breastfeeding, newborn care, and the benefits of skin-to-skin contact.
3. Within the first 24 hours of life, the Pediatric Resident on duty shall administer the BCG Vaccine, while the assigned nurse shall administer the Hepatitis B Vaccine unless contraindicated.
4. The nurse facilitates the conduct of Expanded Newborn Screening, Newborn Hearing Test and CCHD with signed parental consent.
5. The nurse monitors and documents the newborn's temperature, feeding adequacy, elimination, and overall condition at regular intervals.

Before Discharge

1. The nurse ensures that all newborn procedures are completed, including screening, immunization, and documentation.
2. The nurse assists the parents in the preparation and submission of birth registration documents.
3. The nurse gives discharge instructions and standardized information materials on breastfeeding, newborn care, NBS and Hearing test.





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WORK INSTRUCTION:

KEY TASK	PERSON RESPONSIBLE
1. Receives the newborn on a clean, warm surface immediately after birth.	Nurse
2. Dries the newborn thoroughly using a clean, dry towel to prevent heat loss	
3. Places the newborn in immediate skin-to-skin contact on the mother's bare chest.	
4. Ensures that cord clamping is delayed for 1 to 3 minutes or until pulsation ceases	
5. Secures properly labeled identification bands on both the mother and newborn.	
6. Assists and supports the mother in initiating breastfeeding within the first 90 minutes	
7. of life.	
8. Ensures that the mother and newborn are not separated unless medically necessary	
9. and documented	
10. Educates the mother about exclusive breastfeeding, newborn care, and the benefits of skin-to-skin contact	
11. Facilitates the conduct of Expanded Newborn Screening, Newborn Hearing Test and CCHD with signed parental consent.	
12. Monitors and documents the newborn's temperature, feeding adequacy, elimination, and overall condition at regular intervals.	





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KEY TASK	PERSON RESPONSIBLE
1. Ensures that all newborn procedures are completed, including screening, immunization, and documentation.	Nurse
2. Assists the parents in the preparation and submission of birth registration documents.	
3. Give discharge instructions and standardized information materials on breastfeeding, newborn care, NBS and Hearing test	





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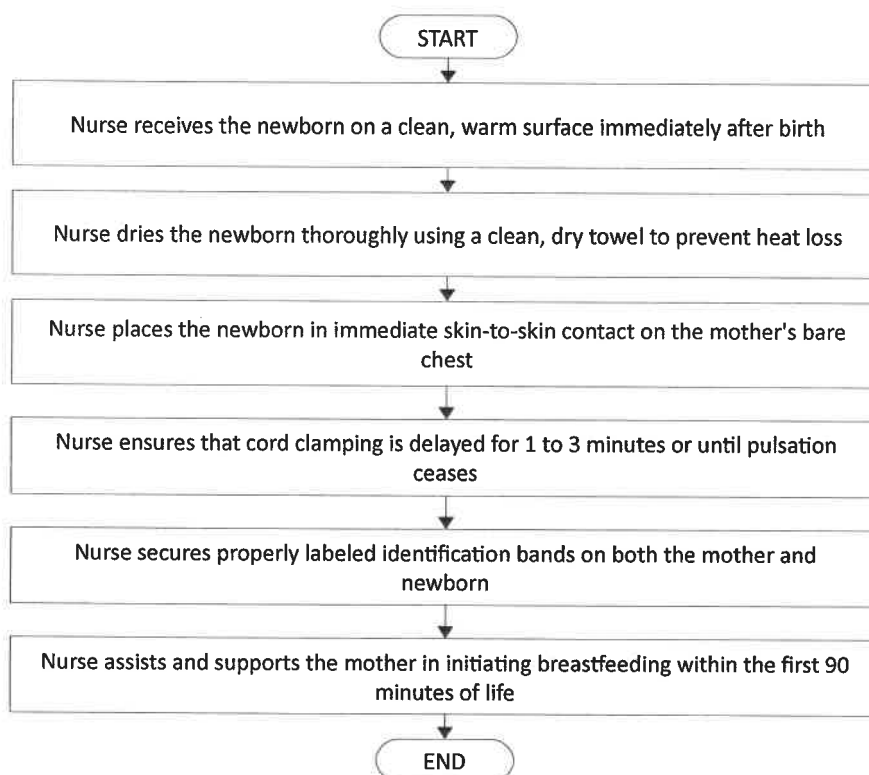


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WORK FLOW:

In the Delivery Room / Operating Room





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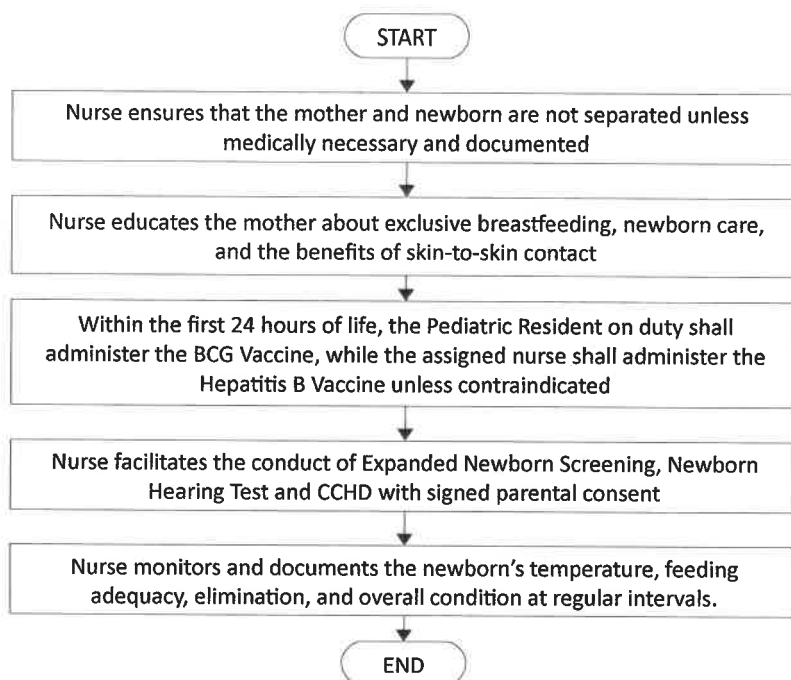
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In the Postpartum Ward / Rooming-In Area





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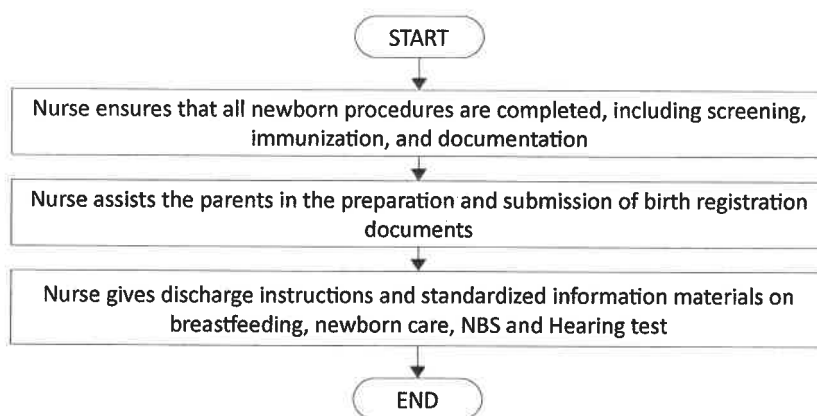
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Before Discharge





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FORMS: N/A

EQUIPMENT: N/A

REFERENCES:

1. Department of Health Administrative Order No. 2009-0025 Essential Intrapartum and Newborn Care Protocol
 - Author: Department of Health, Philippines
 - Date Published: December 1, 2009
2. Department of Health Administrative Order No. 2014-0045 Guidelines on the Implementation of EINC Protocol in All Birth Facilities and Home Births Attended by Skilled Health Professionals
 - Author: Department of Health, Philippines
 - Date Published: December 15, 2014
3. Republic Act No. 9288 Newborn Screening Act of 2004
 - Author: Congress of the Philippines – Date Enacted: April 7, 2004





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APPROVAL:				
	Name/Title	Signature	Date	TQM Stamp
Prepared by:	AMIRA S. MALUNES Maternal and Child Care Unit Manager		5-19-25	
Reviewed by:	WENDY MAE D. GOMEZ Accreditation & Documentation Manager		5-21-25	
Approved by:	MARIA LIZA C. PERAREN Assistant Chief Nurse		5-23-25	
	HANNAH KHAY S. TREYES Chief Nursing Officer		5-26-25	
	IAN NOEL P. JARABAS, MD Department of Pediatrics, Chair		5-28-25	
	JOSE PEPITO B. MALAPITAN, MD Medical Director		6-2-25	
	MA. ANTONIA S. GENSOLI, MD VP-Chief Medical Officer		6-4-25	
Final Approved by:	GENESIS GOLDI D. GOLINGAN President and Chief Executive Officer		6-5-25	

